



GIRLS YOUTH LACROSSE—2022/2023 WINTER OPEN GYM

WHO:

7th - 8th Grade Girls (as of Fall 2022)

WHAT:

Stow Girls' Lacrosse is excited to offer this pre-season opportunity! Sessions will be led by Middle School Coaches. This program offers new and experienced youth players the opportunity to condition and get ready for Spring Season.

WHEN:

Thursdays: November 3, 10, 17 | December 8, 15
January 5, 12, 19, 26 | February 2, 9, 16, 23 | March 2, 9, 16, 23
7:30-8:30pm

WHERE:

Kimpton Middle School - 380 North River Rd., Munroe Falls

COST:

\$10 (Register at StowOhio.RecDesk.com)

Sticks and Goggles available upon request on a first-come, first-serve basis.
Please wear running shoes. All players must have a mouth guard.

REGISTRATION DEADLINE:

Tuesday, November 1, 2022

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Register at Stow Parks & Recreation | Hosted by the Stow Lacrosse Club
Questions, please contact Mike Sheehan at StowLacrosse2015@gmail.com

StowOhio.RecDesk.com | 330.689.5100 | 3760 Darrow Rd., Stow

