



STOW'S 39<sup>TH</sup> ANNUAL  
**FIRECRACKER RUN**  
 3K FUN RUN & 4-MILE RACE  
**TUESDAY, JULY 4, 2017**

4-Mile starts at 7:30am

3K Fun Run immediately afterwards

**Holy Family Church, 3179 Kent Road, in Stow**

**\*FIRST 500 ENTRANTS RECEIVE COMMEMORATIVE TECH-SHIRT\***

Pre-registration and race packet pick-up: **Monday, July 3<sup>rd</sup>, 4-8pm Holy Family Lower Church Hall, Kent Rd.**

Race day registration and race packet pick-up will be from 6:00am-7:15am

**THREE WAYS TO REGISTER**

(Pay by credit card, cash or check made payable to City of Stow)

**4-MILE RACE**

\$30 pre-registration

\$35 day of race

**3K FUN RUN**

\$20 pre-registration

\$25 day of race

**ONLINE**

StowOhio.recdesk.com

(No family discount given online)

**IN PERSON**

Stow Parks and Recreation

3760 Darrow Rd., Stow, OH 44224

**MAIL IN THIS FORM**

Stow Parks and Recreation

3760 Darrow Rd., Stow, OH 44224

**MUST be postmarked by June 24**

**Rules:** No pets allowed to participate with race contestants. Strollers NOT permitted in 4-mile race, but ARE permitted in 3K Run only.

**Awards:** 3K FUN RUN FOR ALL AGES, WALKERS & RUNNERS. All finishers receive finisher's ribbon. Top male & female receive special award.

4-MILE RUN – OUT AND BACK COURSE ON RT 59 (Parade route). Overall awards for top three males and females; overall master male and female winner; awards also given to top three male and female in the following age groups: 14 & under; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80 & over.



In consideration of your accepting this entry, I hereby, for myself, heirs, executors and administrators, waive and release any and all rights and claims for any damages I have against the sponsors and officials of the Stow Parks and Recreation Department's 4-mile and 3K runs to be held on July 4, 2017. I attest and verify that I am physically fit and have trained sufficiently for this race. I hereby further attest and certify that I am familiar with the hazards of warm weather running including heat prostration and exhaustion. I am voluntarily entering this race with full knowledge of all the potential hazards of road racing, and this waiver and release is predicated upon a full understanding of said hazards and a willingness of voluntarily assuming any risks in connection thereto.

REGISTER ME FOR THE: (CIRCLE ONE)

**3K FUN RUN**

**4-MILE RACE**

NAME (PRINTED) \_\_\_\_\_ BIRTHDATE \_\_\_\_\_ AGE \_\_\_\_\_ SEX \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY/STATE \_\_\_\_\_ ZIP \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_ DAYTIME PHONE \_\_\_\_\_

PLEASE CIRCLE T-SHIRT SIZE: YTH-M YTH-L ADLT-S ADLT-M ADLT-L ADLT-XL ADLT-XXL

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

(PARTICIPANT SIGNATURE REQUIRED and/or PARENT SIGNATURE FOR PARTICIPANTS UNDER 18)