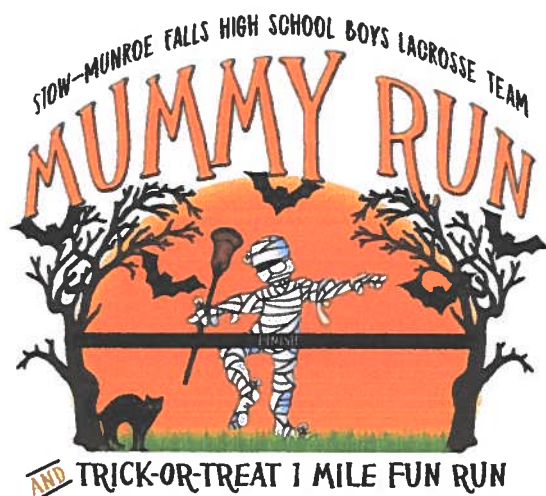


**The Stow Munroe Falls Boys Lacrosse Team presents:
The Seventh Annual 5K Mummy Run and
Trick-or-Treat 1 Mile Fun Run
Sunday, October 20, 2019 to benefit the
SMF Boys Lacrosse Team**



Place: Race begins and ends at the SMF High School football stadium, 3227 E. Graham Road, Stow. Parking is available at the site.

Online registration www.eventbrite.com, event name "5K Mummy Run and 1 Mile Fun Run Stow, Ohio" Or link below.

<https://www.eventbrite.com/e/5k-mummy-run-and-1-mile-fun-run-tickets-55217013574>

Time: Registration & Packet Pickup: - 7:30 to 8:15 A.M.

Pre-race packet pickup Saturday, October 19th 10:00 am to 12:00 pm (SMFHS Stadium)

1 Mile Kid's Fun Run (costume encouraged): - 8:30 A.M.

5K Run: (costume encouraged) - 9:00 A.M.

Free Pancake Breakfast*: - 10:30 A.M.

Fun Run: Runners will "trick or treat" during the race.

*Available to runners and non-runner, donations are welcome. Awards will be given in the High School Commons following 5K race