

PREVIEW

STOW PARKS & RECREATION



**Catalog of Programs,
Events and Facilities
Spring & Summer 2018**



FIRECRACKER 40 RUN YEARS RUNNING

*Awards for each
age group!*

COME CELEBRATE WITH US!
**4 MILE RACE &
3K FUN RUN**
WEDNESDAY, JULY 4
7:30 @ HOLY FAMILY CHURCH

*Hip T-Shirt w/
Registration!*

4-Mile - \$30 pre-registration; \$35 day of race

3K Fun Run - \$20 pre-registration; \$25 day of race

Pre-registration and race packet pick-up: Tues. July 3, 4-8pm @
Holy Family Lower Church Hall (3179 Kent Road, Stow, OH).

Race day registration and packet pick-up starts at 6:00am.

Chip timing, refreshments, groovy selfie station!

*Tube socks, sweatbands,
tie dye shirts, and short
shorts are welcomed!*

For more information & registration, visit:

StowOhio.RecDesk.com

Phone: (330) 689-5100

Fax: (330) 689-2895





**CONNECTING
PEOPLE
AND FUN
THROUGH
RECREATION**

Our purpose is to provide FUN AND INTERESTING recreational opportunities that enhance your quality of life and that promote your physical health. Enjoy the outdoors in Stow this Spring & Summer!

Visit us at Stow City Hall to sign up for all your recreation programs!

Camps & camping, fishing, golf, biking, running & races, adult fitness, rental facilities, senior programs, AND MORE!!

Visit our online Registration Portal at StowOhio.RecDesk.com. We also now accept payment by credit card.

MISSION STATEMENT

The Mission of the Parks and Recreation Department is to Improve the Quality of Life for all residents of Stow by providing opportunities for a wide variety of leisure, cultural enrichment and learning.

POLICY STATEMENT

Our policy is to provide equal recreational opportunities for all participants. We do not discriminate (by race, color, national origin, sex, disability, pregnancy, parental status, or any other basis) in admission or access to our programs or activities.

INCLUSION

Stow Parks & Recreation works with our Commission on Inclusion and with Summit DD to connect individuals and families to recreational programs, events, activities and resources. Please let us help you explore your options and find the right fit for you and your family.

CONTACT: Linda Nahrstedt.....330.689.5100

CITY OF STOW PARKS AND RECREATION DEPARTMENT

Phone.....330-689-5100
 Fax330-689-2895
 Program Cancellation Hotline330-689-5105
 Email parks@stow.oh.us
 Online RegistrationStowOhio.RecDesk.com

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“LIKE” US ON FACEBOOK

Search:
FUN IN STOW
 and “LIKE” us for updates and events!

PARKS AND RECREATION BOARD

Sindi Harrison.....	330-283-2308
Mario Fiocca, Chair	330-212-2048
Houston Morgan	330-688-4108
Julie Root, Vice Chair	330-703-8203

DEPARTMENT STAFF

Linda Nahrstedt	Director
Anne E. Baranek	Recreation Supervisor
Kathy McConnell	Recreation Supervisor
Deanna Mihalus.....	Customer Service Specialist
Tracie McNutt	Customer Service Specialist
Monica Dunton	Office Administrator
Laura Sutphin	Recreation Assistant
Chris Sheridan.....	Recreation Assistant
Ken Barnhart	Park Attendant

Hours Monday - Friday 8:00 am - 4:30 pm
 Address 3760 Darrow Rd., Stow, OH 44224
 Offices closed for Memorial Day, 4th of July & Labor Day Holidays

Visit us on the web @ www.FunInStow.com
 Facebook: Fun in Stow

UPCOMING EVENTS

For a complete list of fun Stow events, visit FUNINSTOW.COM

Stow-Munroe Falls Chamber of Commerce Community Showcase

Stow-Munroe Falls High School
Saturday, April 7 & Sunday, April 8, 2018

The 16th Bi-Annual SMF Community Showcase, presented by the SMF Chamber of Commerce, City of Stow, Stow-Munroe Falls City School District and City of Munroe Falls. www.smfcc.com



Stow Tree Festival

Stow Urban Forestry Commission
Saturday, April 28, 2018, 10:00 am - 12:00 pm
Tree planting at 11:30 am, Family event, cupcakes, story-time, big trucks and more!
Visit StowOhio.org for more info.



Fishcreek 5K Raccoon Run & 1-mile Fun Run

Fishcreek Elementary School PTA
Sunday, April 29, 2018, 8:00 am
Start/Finish at Silver Springs Park,
Register at www.FishcreekRaccoonRun.com



29th Annual Trout Fishing Derby

Fun in Stow (Parks and Recreation)
Saturday, May 5, 2018, 9:00 am -12:00 pm
Registration 8:00 am **FREE!**
Heritage Lake at Silver Springs Park (Young Road)
Bring pole, bait provided. Rain or shine. PRIZES!



Stow Junior Firefighter Obstacle Course

City of Stow Safety Forces for Relay for Life
Saturday, May 12, 2018, 10:00 am -1:00 pm
Stow Fire Station #3 - 4238 Fishcreek Rd.
\$10 Donation includes activities & lunch
Interactive obstacle course for kids under 10 years, and other FUN activities.
Register at StowOhio.Recdesk.com



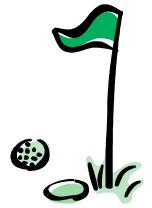
Stow-Munroe Falls Hudson Relay for Life American Cancer Society

Saturday, June 9, 2018 10 am - 10 pm
At Stow-Glen Retirement Village
12 hours of walking, fun, food, celebrating, remembering and fighting back!



Pride Golf Outing - Fox Den Golf Course

Stow-Munroe Falls Chamber of Commerce
Friday, June 22, 2018, Shot gun start - 9:30 am
18 holes with cart, lunch, beverages, steak dinner!
Register - 330.688.1579, www.smfcc.com



Pride Community Breakfast

Stow-Munroe Falls Chamber of Commerce
Wednesday, June 27, 2018, 7:30 am
Acker-Moore VFW, 3733 Fishcreek Rd.
Community recognition & awards.
Reservations a must, 330.688.1579 or register online www.smfcc.com



Stow Firecracker Run - 3K Fun Run & 4-mile Race!!

Fun in Stow (Parks and Recreation)
Wednesday, July 4, 2018, 7:30 am
Begins at Holy Family School. Tech tee for first 500 registrants! Register online: StowOhio.RecDesk.com



Stow Fourth of July Parade

Fun in Stow (Parks and Rec), & Kiwanis Club
Wednesday, July 4, 2018, 10:00 am step off
THEME: Welcome to the Sixties
Register online: StowOhio.Recdesk.com
Deadline: May 31, 2018



Stow National Night Out

City of Stow Police Department
August 7, 2018 6:00 pm - 8:00 pm **FREE!**
Activities & information, food and FUN!
For Stow residents only.



Stow Summer Sunset Blast

Fun in Stow (Parks and Recreation)
September 1 & 2, 2018, 3:00-10:00 pm
Silver Springs Park, 5238 Young Road. **FREE!**
Food, Fireworks & Inflatables!
Visit FunInStow.com for more details



Paw-Fest at Bow Wow Beach!

Stow-Munroe Falls Lions Club
in collaboration with Fun in Stow
Sunday, Sept. 16, 2018, 10:00 am - 4:00 pm
Bow Wow Beach at Silver Springs Park
Tail waggin' fun! Pet-related vendors, contests and more! **FREE!!!** Parking donation.
For more info, visit smflions.com/pawfest



SPECIAL EVENTS

STOW TREE FESTIVAL

Stow Urban Forestry Commission

Saturday, April 28, 2018

10:00 am - 12:00 pm



Silver Springs Lodge, 5027 Stow Road

Tree planting at 11:30 am

Family event, cupcakes, story-time, big trucks
and more!

Visit StowOhio.org for more info.

RACCOON RUN



**5K
RACE
&
1-Mile
Fun
Run!**

Sponsored by Fishcreek Elementary PTA
Sunday, April 29, 2018, 8:00 am

Start/Finish at Stow Silver Springs Park,
Heritage Barn, Young Road Entrance.

Course includes hike & bike trail.

Register at

www.FishcreekRaccoonRun.com

STOW FOURTH OF JULY PARADE



**Sponsored by Fun in Stow
(Parks and Recreation), &
Stow-Munroe Falls Kiwanis Club**

Wednesday, July 4, 2018, 10:00 am step off

THEME: Welcome to the Sixties

Deadline to register is May 31

Register Online: StowOhio.Recdesk.com

STOW NATIONAL NIGHT OUT

City of Stow Police Department



FREE! August 7, 2018 • 6:00 pm - 8:00 pm

Outside at Stow Safety Building. 3800 Darrow Road
National Night Out is designed to heighten crime and
drug prevention awareness and to provide an opportunity
to promote and celebrate police-community partnerships.

Residents of the City of Stow are invited
to meet their neighbors and their police department,
featuring activities & information,
food and FUN!

DONT MISS IT!



Stow-Munroe Falls Community Showcase

Presenting Sponsors



Stow-Munroe Falls High School • 3227 Graham Road, Stow, OH 44224

Saturday, April 7, 2018 • 10am-5pm / Sunday, April 8, 2018 • 11am-3pm

For more details visit www.SM FCC.com / email: smfcc@SM FCC.com / 330-688-1579

- **Food**
- **Grand Prize Drawings**
- **Free Shredding**
- **200 Exhibitors**
- **Kid's Galaxy**
- **Entertainment**

Main Event Sponsor

Western Reserve Hospital

Platinum Sponsors

**Mulberry Gardens Memory Care &
Mulberry Gardens Retirement & Assisted Living
Ohio Foot & Ankle Center**

Gold Sponsors

**Altercare Transitional Care of the
Western Reserve, Inc.
Don Joseph Toyota
Highpoint Lawn Service
Small Steps Big Strides Childcare
Stow-Glen Retirement Village
Thomas C. Loepp Law Offices, Co., LPA**

Media Sponsor

Record Publishing (Stow Sentry)

Silver Sponsors

**AllScapes Ohio
Panera Bread—Stow
Stow-Munroe Falls Lions Club
Teresa's Pizza**

ENTERTAINMENT

Celtic Rush

SMFHS Choirs

Johnny Rocco

**ETC
All American Show Choir**

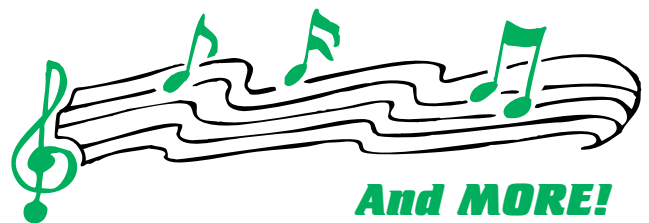
**Jeff Klemm
Acoustic**

**Excerpts from
Mary Poppins
SMFHS Drama Club**

**Kent Clarks
A cappella**

**All About Dance
by Kristen**

**Nuance
Univ. of Akron
A capella Singers**



And MORE!

COMMUNITY SHOWCASE • KIDS GALAXY

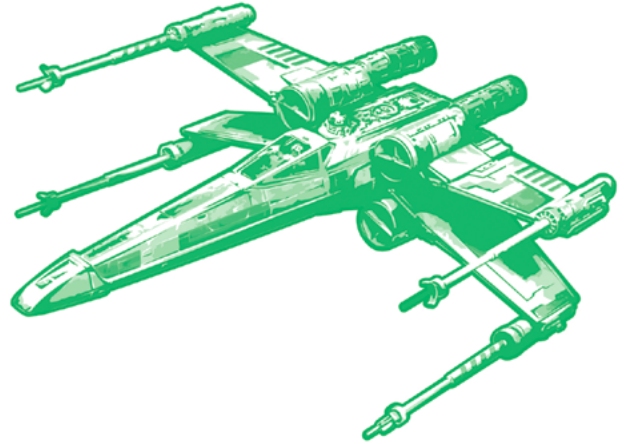
Join us for some “Out of this World” FUN!

“KIDS GALAXY”

Brought to you by
City of Stow Parks & Recreation
at the
Stow-Munroe Falls Community Showcase

Sat. 4/7 10:00am-5:00pm

Sun. 4/8 11:00am-3:00pm



**Come meet your favorite friends
from a galaxy far far away!!**

Have your picture taken with a
**Galactic Hero, Galactic Heroine,
Galactic Villain, or a Galactic
Princess!!**

Characters will be stationed in the
High School's lower gym.

Sat. 4/7 1:00pm-3:00 pm

Sun 4/8 12:00pm-2:00 pm



Join the **FUN** while jumping in inflatable
bounce houses. Maybe try your hand at
Gaga Ball. Shoot some hoops or hit a few
hockey pucks. Whatever you choose, we're
here to have **Fun!!**

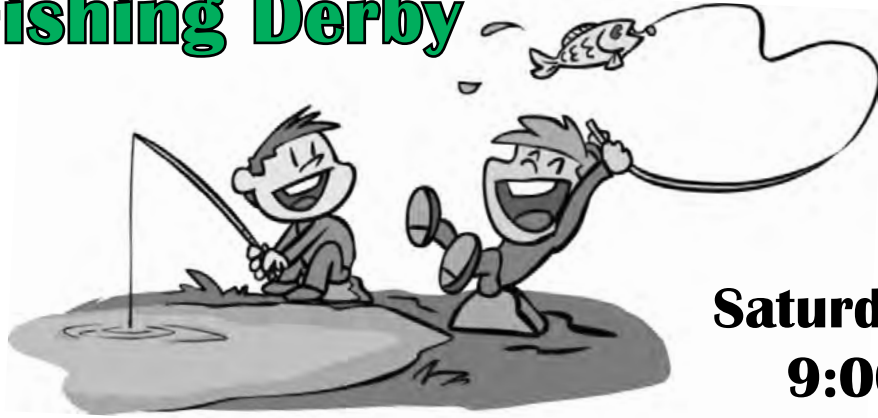
Children **MUST** be accompanied by adults
at all times.



Thank You to Cafe O'Play & NEO Amusements for donating use of their FUN equipment

CHILDREN'S FISHING DERBY

29th Annual Children's Fishing Derby



Saturday, May 5, 2018

9:00 AM - 12:00 PM

(registration on site beginning at 8:00 AM)

**Heritage Lake, Silver Springs Park
5238 Young Rd. Stow**

- **Bait Provided**
- **Prizes Awarded**
- **Free T-Shirt**
- **Food**
- **Beverages**
- **FUN and FREE!!!**



**Prize drawing times
broken down by age.**

6 & under drawing at 10:00 AM

Ages 7-10 drawing at 11:00 AM

Ages 11-15 drawing at 12:00 PM

**(All ages may fish during
the entire derby)**



**REGISTRATION
BEGINS AT
8:00 AM**

Event Sponsor



Kids, parents, grandparents, and friends join the fun for the 29th Annual Children's Fishing Derby. Children are invited to bring their rods and reels (bait will be provided) and try their hand at fishing. Heritage Lake will be stocked with plenty of trout and bluegill!

This event is open to children ages 3 to 15 from Stow and the surrounding communities.

This event is brought to you FREE by Fun in Stow (Stow Parks and Recreation) in collaboration with Summit Sportsman Association and the Ohio Department of Natural Resources. Support for this event also provided by Mogadore Bait and Tackle, Kanes Printing and Young's Screenprinting.



FOR MORE INFORMATION call 330-689-5100

STOW SUMMER SUNSET BLAST

The City of Stow
Presents



Saturday & Sunday, September 1 - 2, 2018

Stow Silver Springs Park • 5238 Young Road, Stow

Sponsorship Opportunities!

SOMETHING FOR EVERYONE

- **Blast Title Sponsor**
- **Platinum Sponsor**
- **Sky Rocket Sponsor**
- **Firecracker Sponsor**
- **Sparkler Sponsor**
- **Resident Sponsor**

More Details on how to become a sponsor visit www.FunInStow.com or call 330-689-5100 or SPONSOR ONLINE at StowOhio.RecDesk.com

Food Fun Events

STOW JUNIOR FIREFIGHTER OBSTACLE COURSE



Sponsored by City of Stow Safety Forces for Relay for Life

Join us for plenty of fun as the children go through an obstacle course with a Stow Firefighter (yes, one-on-one!). They'll learn while having a lot of fun!

\$10.00 includes activities & lunch, (100% goes to Relay for Life)

Saturday, May 12, 2018 • 10:00 am - 1:00 pm
Stow Fire Station #3 • 4238 Fishcreek Road

Ages 10 and under. Space limited to first 300 participants, first come, first served. Pre-register for start time and avoid the long line the day of the event. Register online at StowOhio.RecDesk.com (and pay by credit card) or download forms and mail to or drop off at Stow City Hall, 3760 Darrow Road, Stow OH 44224. Deadline to pre-register is April 27, 2018. Registrations will be taken day of event if space is available.

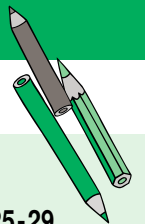


SUMMER ART CAMPS



Art classes are taught by **Andrea Schepis, Art Teacher in Stow for over 32 years. Her art has been featured in various juried shows all over the area.**

Each camp runs Monday - Friday, 10 am - Noon. Cost: \$90 each camp, includes all supplies



Art in Children's Books

Ages 5 - 9 • M-F, June 11-15
Oregon Trail Lodge

Young artists will use various children's books as their inspiration to create art in a variety of media and techniques including collage, painting, printmaking, scratchboard and more.

Drawing Skills

Ages 10 - Teens • M-F, June 25-29
Oregon Trail Lodge

This is an ideal camp for those who want to hone their skills at drawing, shading, perspective and more, using a variety of media and subject matter.

Creatures from Around the World

Ages 5 - 9 • M-F, July 9-13
Oregon Trail Lodge

Artists will create paintings, drawings, sculptures, collages, prints and more, of animals, reptiles, and other creatures inspired by art from around the world.



Let's Just Have Fun!

Ages 10 - Teens • M-F, July 23-27
Oregon Trail Lodge

For the artist who just want to explore various media and techniques including printmaking, papier mache', collage, painting, drawing and more.

Painting Outdoors

Ages 10 - adult • M-F, August 6-10
Lakeview Shelter at Silver Springs Park

For the artists who want to create acrylic and watercolor paintings inspired by the beauty of nature. Painting in the style of the great Impressionists like Monet and Renoir will be the focus this week!

Information at FunInStow.com or Register online at StowOhio.Recdesk.com

BUGS FOR KIDS

Join naturalists from Summit Metro Parks for a walk to look for bugs!

Kids, search for bugs that crawl, jump, fly and sing. We will go on a short hike & then learn the basics of identification.

Adults must accompany their children.



DATE:

Tuesday, June 19

TIME:

2:30 pm - 4:00 pm

LOCATION:

Adell Durbin Park
meet in the parking lot

FEE: FREE!

No Registration - Just Show up!

STOW SAFETY TOWN

Sponsored by Stow Police Department – Stow Youth Services

Dear Parents,

A sad but true fact is that more children die every year from injuries than from all diseases combined. We believe that early education is one of the best and most effective tools to help reduce this troubling statistic. Safety Town is a safety education program for children who will be entering Kindergarten in the fall. Any child who will be five on or before August 1st and lives in the City of Stow is eligible to attend.

The sessions will be held for one week (M-F) for 2.5 hours per day. The curriculum is varied and includes such topics as fire safety, safety belts, pedestrian safety, bike safety, bus safety, stranger awareness, and playground safety. Safety Town employs two full-time certified teachers to plan and lead the daily educational process. They are assisted by the Education Specialists from the Stow Fire and Police Departments, as well as other outside safety experts.

2018 Registration Information

(Students need only sign up for ONE class)

Session 1: June 11 - June 15

AM Class: 8:30 - 11:00 am

PM Class: 12:00 - 2:30 pm

Session 2: June 18 - June 22

AM Class: 8:30 - 11:00 am

PM Class: 12:00 - 2:30 pm

COST: \$40 per student per class

Location: Stow Safety Center

Deadline to register is May 11, 2018

Session 3: Safety Town Stars

June 25 - 28 • 9:00 am - 12:00 pm

Safety Town Stars is for students that have been identified with a developmental or cognitive disability and will benefit from a modified Safety Town curriculum at an age that is older than the traditional Safety Town. This program employs one certified intervention specialist to plan and lead the daily educational process. Safety Town Stars is open to students with developmental or cognitive disabilities going into first grade through high school. Students are encouraged to come to any of our sessions. We offer Safety Town Stars as an option.



Visit StowOhio.RecDesk.com for information and to register online. You may also stop in City Hall and register in person in the Parks & Recreation office. You may pay by credit card, cash or check, made payable to City of Stow.

Once your child is registered, you will receive confirmation via email by May 25th. An informational session for parents to discuss what your child will learn in Safety Town, will be held on June 6th from 6-7 pm at the Stow Police Department in the Community Room. For additional information contact Stow Youth Services at 330-689-5860 or tcarter@stow.oh.us.

SUMMER 2018

Silver Springs Heritage Barn

CAMP



WEEK 1 **Fiesta!**
June 11-15: Break out the sombreros and maracas as we smash some piñatas!
Activity: Moe's Southwest Grill & Jungle Terry

WEEK 2 **Where the Wild Things Are**
June 18-22: Join us as we discover the animal world!
Field Trip: Cleveland Zoo

WEEK 3 **Ooey-Goey**
June 25-29: Enjoy a week full of slippery slime and other sticky situations!
Field Trip: Chuck-E-Cheese



WEEK 4 **Party in the USA**
July 2-3: Better put your hands up, 'cause we'll be partying all week long!
Activity: Cook-Out

WEEK 5 **Splish, Splash!**
July 9-13: Nothing like soaking up the sun with some water fun!
Activity: Water-Palooza

WEEK 6 **Lights, Camera, Action!**
July 16-20: Get ready it's your time to shine in our talent show!
Field Trip: Movie Theater



WEEK 7 **Sports Extravaganza!**
July 23-27: Be ready to play like a champion!
Field Trip: Rubber Ducks

WEEK 8 **Mad Science!**
July 30-Aug 3: Get your Frankenstein on as you discover the fun of science!
Field Trip: Great Lakes Science Center

WEEK 9 **OLYMPICS**
Aug 6-10: Let the games begin! Help your team go for gold!
Activity: Olympic Games and Pizza Party

SCHEDULE

DAILY

9:00am	Campers Arrive
9:05am	Opening Ceremonies
9:15-12:00pm (1 of 3 options)	1.) Sport, Craft, & Counselor Time 2.) Court Games, Archery, & Group Games 3.) Fishing, Cooking, & Canoeing
12:00pm	Lunch
12:45-1:00pm	Clean Up
1:00pm	Swimming at LifeCenter Plus (outdoor pool)
3:00pm	Clean Up & Change
3:30-4:00pm	Snack & Camper of the Day
4:00pm	Campers Leave

For more information and how to register, please visit:

StowOhio.RecDesk.com

Stow Parks and Recreation 3760 Darrow Rd., Stow, OH 44224
 Phone: (330) 689-5100; Fax: (330) 689-2895



SUMMER CAMP PARENT INFORMATION

Ages

For children going into 1st grade through 6th grade.
Children **MUST** be at least 6 years of age to attend.
NO exceptions will be made.

Camp Fees

Resident

First Child: \$160.00 (\$64*)
Second Child: \$140.00 (\$56*)
***Week 4** (No camp 7/4-7/6)

Non-Resident

First Child: \$165.00 (\$66*)
Second Child: \$145.00 (\$58*)
***Week 4** (No camp 7/4-7/6)

Camp fees do not include field trips or extended care

Extended Care Fees/Week:

AM -**OR**- PM Care: \$20.00
AM -**AND**- PM Care: \$25.00

Dates To Remember

First Day of Camp: June 11

Last Day of Camp: August 10

Open House: Thursday, June 7, 2018

From 6:00-7:30pm

at Heritage Barn in Silver Springs Park

What To Bring

Tennis Shoes (No Sandals)
Play Clothes
Swim Suit & Towel
Lunch & Water Bottle
Sunscreen
Insect Repellent

Camp Times

Before Camp*: 7:05-9:00am

Camp: 9:00-4:00pm

After Camp*: 4:00-5:45pm

*Additional fees apply

How To Register

Online - StowOhio.RecDesk.com

Pay by credit card

(installment plan is NOT available online)

In-person - Stow City Hall

Credit Card, cash, or check made payable to City of Stow

By Mail - Check made payable to City of Stow

Stow Parks and Recreation, 3760 Darrow Rd.,
Stow, OH 44224

Installment Plan

If you are registering for Day Camp for the full summer (all 9 weeks), you may pay in installments:

Payment #1: For weeks 1-3, due at registration

Payment #2: For weeks 4-6, Due on June 25

Payment #3: For Weeks 7-9, Due July 16

Who To Contact

Stow Parks and Recreation Department
3760 Darrow Rd., Stow, OH 44224
Phone: (330) 689-5100
Fax: (330) 689-2895

YOUTH SPORTS

BOYS VOLLEYBALL

SPRING LEAGUE GRADES 5 - 8

Description: Multiple teams will be formed and will compete against other schools in the ELITE Sports Volleyball League. Each player will receive a jersey. No prior experience required.



Practices: Wednesdays, March 28, April 4, 11
Matches: Sundays April 8, 15, 22, 29
Championships: Sunday, May 6
Coaching: Stow Varsity Boys Volleyball Team
Fee: \$75.00 per athlete to register

Register: Online at www.bulldogsvolleyball.com/spring
Questions: coach@bulldogsvolleyball.com

OUTDOOR BASKETBALL LEAGUE

BOYS & GIRLS OUTDOOR BASKETBALL LEAGUE GRADES 4 - 9

This program is for boys and girls entering grades 4 through 9 (September 2018) who are residents of Stow or Munroe Falls

Registration: Now through June 1st.

There is no team registration. Teams will be formed.

Games: League games begin Tuesday, June 12. Games will be played at Silver Springs lit basketball courts.

Dates: Tuesdays
June 12 - July 31
Time: 6:00 - 9:00 pm
Price: \$50.00 (Includes a T-shirt)
No Games 7/3



** Registration forms can be found online at StowOhio.RecDesk.com, or at the Parks & Recreation offices.

YOUTH SPORTS - KARATE

All Karate classes taught at Hickey Karate Center

4540 Stow Road, Stow, Ohio 44224 • www.hickeykaratecenter.com • 330-686-4540

DRAGON CLUB

Ages 5 - 7

Curious about learning the benefits of karate practice? Improve listening skills, self-control, concentration and focus while developing fitness and agility in this fun class. Try it out for one month!

You pick start dates. Schedule is flexible

Mondays & Thursdays Time: 6:00 - 6:30 pm

Price: \$68.00



MARTIAL FIGHT & FITNESS

Ages 8 - 15

Adult fitness program with cardio training, boxing, self defense and flexibility.

Times: Monday/Wednesday 6:15 pm - 7:30 pm

Saturdays 10:15 am - 11:30 am

Price: One month \$65.00

Questions call or e-mail Hanshi@HickeyKarateCenter.com

BEGINNING KARATE FOR KIDS

Ages 7 - 14

Why spend the evenings sitting in front of a computer? Get active and try something new! Pick a month and experience the pleasure and challenge of martial arts. (Adult classes also available, ages 15 & up). Call or email Hickey's Karate Center with questions. Pick any month:

Day: Mondays & Thursdays

Time: 6:30 - 7:30 pm

Price: \$65.00 per month



YOUTH SPORTS - TENNIS

SPRING JR. TENNIS INSTRUCTION

Ages 7 - 10

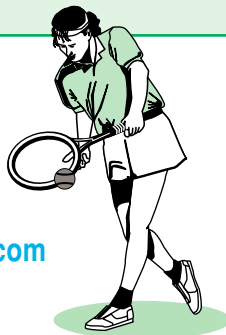
This class introduces students to all the basic strokes including forehand, backhand, serve, volley, and overhead. Beginning tennis footwork will also be taught as part of this active curriculum.

Spring Session: May 14 - May 30
Days: Mondays and Wednesdays
Time: 6:00 pm - 7:00 pm
Location: Adell Durbin Tennis Courts
Price: \$57 resident, \$62 non-resident

Ages 11 - 15

This class continues work on basic tennis strokes and introduces some point playing and rallying drills.

Spring Session: May 14 - May 30
Days: Mondays and Wednesdays
Time: 7:00 pm - 8:00 pm
Location: Adell Durbin Tennis Courts
Price: \$57 resident, \$62 non-resident



Register at
StowOhio.RecDesk.com

SUMMER JR. TENNIS INSTRUCTION

Li'l Pups (Ages 5 - 7)

The "Li'l Pups" class is designed to be a fun first experience with tennis for kids age 5 to 7. The goals include development of motor skills, hand-eye coordination and beginning stroke formation. Games and other activities are used to keep the atmosphere light and fun.

Session I: June 12 - June 28
Session II: July 10 - July 26
Days: Tuesdays and Thursdays
Time: 9:45 am - 10:30 am
Location: Adell Durbin Tennis Courts
Price: \$43 resident, \$48 non-resident

Junior Bulldog Tennis (Ages 8 -11)

This class introduces students to all the basic strokes of tennis including forehand, backhand, serve, volley, and overhead. Children are taught via a fast-paced and active curriculum utilizing creative games and drills. A great first step toward someday becoming a Stow High Varsity Bulldog!

Session I: June 12 - June 28
Session II: July 10 - July 26
Days: Tuesdays and Thursdays
Time: 10:30 am - 11:45 am
Location: Adell Durbin Tennis Courts
Price: \$72 resident, \$77 non-resident

Bulldog Tennis for Teens (Ages 12 -15)

This class is for beginning to intermediate players ages 12-15. Students will work on all the basic strokes through a variety of drills and games. Point playing, along with the rules and scoring of tennis, will also be emphasized to help prepare players for match play.

Session I: June 12 - June 28
Session II: July 10 - July 26
Days: Tuesdays and Thursdays
Time: 11:45 am - 1:00 pm
Location: Adell Durbin Tennis Courts
Price: \$72 resident, \$77 non-resident

GIRLS PRESEASON TENNIS CAMP

Get pumped up for the upcoming varsity or junior varsity high school tennis season! This is a great way for girls to tune up their games just before high school practices begin. The camp will feature stroke work, strategy drills, and competitive match play.

Dates: Monday through Thursday
July 23 - July 26
Times: 1:00 - 4:00 pm
Location: LaTuchie Tennis Center
(Call 330-688-6085 to register)

ADULT TENNIS

Tennis “Fun”damentals at LaTuchie Tennis Center

A class for adults who are starting or restarting the game of tennis

Program Cost: \$69 per player per session

Register at StowOhio.RecDesk.com



Tuesdays - Outdoor Class

Time:

6 pm - 7 pm

Dates:

May 29; June 5, 12, 19, 26

Thursdays - Indoor Class

Time:

11 am - 12 pm

Dates:

May 31; June 7, 14, 21, 28

Saturdays - Indoor Class

Time:

9:30 am - 10:30 am

Dates:

June 2, 9, 16, 23, 30

FAMILY LEISURE

PLANT A TREE GROW A LEGACY

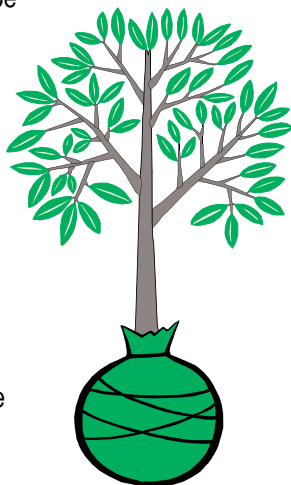
CITY OF STOW MEMORIAL TREE PLANTING PROGRAM

A tree is a beautiful and lasting way to honor a friend or memorialize a loved one. The City of Stow offers a Legacy Program wherein you may purchase a tree and have it planted in one of our designated parks or other areas. You will not only be giving a perfect gift for a birthday, graduation, wedding, or retirement, but you will also be giving a gift to your community.

All tree plantings (size, variety and location) will be in accordance with the advice and recommendation of Stow's Landscape Arborist. Typical tree plantings are 1 1/2 to 2 inch caliper. The cost of each tree is \$200 minimally and includes the tree, mulch for planting, watering bag and labor of City employees to plant the tree. Memorial tree plantings may be recognized with a small, ground-mounted plaque, the additional cost of which will be paid by the Applicant.

For more information, or to download the flier, visit us online at StowOhio.RecDesk.com.

You may also contact our landscape arborist at (330) 689-5121 or E-mail smottl@stow.oh.us.



Astronomy Nights

Wonders of the Night Sky

Friday Night Lights!

with Astronomer
Dave Jessie

April - October

**Location: Fishcreek Elementary School
5080 Fishcreek Road - Field at back of school**

Join amateur astronomers on Friday evenings to view the moon, visible planets and other deep sky objects through an exclusive computer-controlled telescope! This program is free and open to the public, 10 years and older on a drop in basis.

Visit the astronomy website at:
www.stowastronomy.org
for more information
and
weather updates,
events and more.





Book your Tee Time Online! Visit our website at www.foxdengc.com

Stop by and check out our renovations to the clubhouse!
WE now have a great atmosphere for socializing
 AFTER your game, league or lesson.

2018 GOLF CLINICS

Learn how to golf this summer!

Fox Den Golf Course presents its annual Golf Clinics for all ages.

Please register directly through
 Fox Den Golf Course Website
www.foxdengc.com

330.673.3443
 Fox Den Golf Course
 2770 Call Rd. Stow, OH 44224

Little Linksters • Ages 5 - 9		
Session I	May 5th - June 2 (no class 5/26)	Saturdays 11:00 am -11:45 am \$75.00 resident \$80.00 non-resident Limit of 10, Save your space today!
Session II	July 7th - July 8th	
Session III	Aug. 25th - Sept. 22	

Junior Clinic • Ages 10 - 15			
Session I	April 30th - May 14th	Monday & Wednesday 5:00 pm - 6:00 pm	\$130.00 resident \$135.00 non-resident Limit of 14 Save your space today!
Session II	July 9th - July 23th	Monday & Wednesday 5:00 pm - 6:00 pm	
Session III	August 13th - August 27th	Monday & Wednesday 5:00 pm - 6:00 pm	



PGA Junior League Golf

This league is designed for all skill levels from the age of 8-13 years old.
Format - Team Scramble
Fox Den will be in a league competing against other courses.

Each participant will receive:

- Team Jersey
- Team Hat
- Bag Tag
- Driving Range Tokens
- 10 hours plus instructional practices.
(Driving Range, Short Game, On Course Training)
- 6 nine-hole golf matches against other golf courses.

Register directly at:
pgajlg.sportngin.com
\$250.00

Fox Den 2-Day Junior Golf Camp

For all skill levels, participants will be put into age groups. Focus is on fundamentals of golf, the full swing, short game, putting, chipping and golf course etiquette. Friday will conclude with a fun scramble.

Boys and Girls ages 7-14.
June 28th & 29th
Thursday, 10:00 am -12:00 pm, Friday, 10:00 am - 2:00 pm
\$90.00 - Special celebration price for our 50th anniversary!

Includes - Tee gift, instruction, range balls, water, and lunch on Friday, followed by a scramble.

Fox Den Tuesday Junior League

\$150.00 per resident \$155.00 non resident Ages: 8-16
June 12th - July 31st
Tuesdays @ 1:15 pm - 5:15 pm
 Age appropriate tees for all registrants

Instructors



Joe Vojtko, PGA Professional
Bill Reilly, PGA Professional
Larry Manski, PGA Professional
Rick Zivsak, USGTF



Fox Den has excellent PGA professionals available for individual and group lessons. Call Fox Den today!!

ADULT RECREATION

DANCE MIXX BY JAZZERCISE

**Instructor: Joan Tomko, Robin Patton & associates
Certified Jazzercise Instructors**

Torch fat, sculpt lean muscle and crush calories with this high intensity workout that mixes dance-based cardio with strength training. Fresh pulse-pounding music and body-blasting moves bring the intensity to transform your body, boost your mood and ignite your energy. Dance yourself fit and change the shape of your body today!

Mondays	9:00 am
Tuesdays	5:45 pm
Wednesdays	9:00 am
Thursdays	5:45 pm
Fridays	9:00 am (low Impact)

(No classes 5/28; 7/4; 9/3)

Location: Silver Springs Lodge, 5027 Stow Road

Fee: \$45/month EFT, unlimited classes. Day pass \$12.

Other pass options available. Start anytime; class registration is continuous.

Register at first class. Stow Jazzercise members are also welcome to attend classes in Hudson, Aurora and Macedonia.

For more information go to www.jazzercise.com or contact Joan Tomko at 216-337-2207 or jazzaurora@windstream.net

BODY SCULPTING

A one-hour cardiovascular strength training exercise class that shapes and tones the entire body and helps prevent osteoporosis. No dancing, jumping or jazz...just results!

Bring a set of 5-pound (each) dumbbells, a stretch band, and an exercise mat. Workout at your own pace.

Eight, one-hour classes in each term.

Dates: Mondays & Wednesdays

Please indicate session (No classes 4/16, 5/28, 7/4, 9/3)

Session 1:	March 21 - April 18
Session 2:	April 23 - May 16
Session 3:	May 21 - June 18
Session 4:	June 20 - July 18
Session 5:	July 25 - August 20
Session 6:	August 22 - September 19

Times: 6:00-7:00 pm or 7:15 - 8:15 pm

Price: \$55.00 resident; \$60.00 non-resident

Location: Oregon Trail Lodge

YOGA

FOR EVERYBODY AND EVERYONE

Classes are "Open Level" and beginners are welcome. We work on proper alignment in the poses and yoga breathing techniques. Regular yoga practice will help you develop strength, flexibility, reduce tension and gain tools for relaxation, improve sleep, improve concentration and re-energize the mind and body.

Come experience the feeling of overall well-being that yoga offers. This class is ongoing, feel free to drop in any-time!

Instructor: Rhonda Kuster
Days: Mondays Time: 6:00 - 7:30 pm
Price: \$10.00
Location: Silver Springs Lodge
(No Classes 5/28; 9/3)



PICKLEBALL

Adults/Active Senior Adults
May-October



Pickleball is a fun court sport played on a badminton-sized court with lowered nets. It is played with a plastic whiffle ball and an oversized ping-pong type paddle similar to tennis.

It is easy to learn and appropriate for seniors and adults. All skill levels will enjoy this great social yet competitive sport. No special apparel is needed - just appropriate court type tennis shoes. We will provide the net, balls and beginner's paddle for initial instruction. You may then purchase your own paddle if you continue the sport. Come out and try this new sport that is sweeping the nation!

\$10 Player Fee
For Season Play

Outdoor Play begins
May 1 through October 30,
Tues. & Thurs. 6:00 pm - 8:00 pm,

Tennis Courts at Adell Durbin Park, 3300 Darrow Road.

Beginner's are asked to attend Thursdays at 6:00 pm for a quick lesson. No Cost for beginning lesson.



ADULT RECREATION

BALLROOM DANCE LESSONS

Beginner Class: 6:00 - 7:00 pm - For the person with little or no dance instruction. Two dances will be covered in this 6-week session and emphasis will be placed on lead/follow, patterns, and FUN! Remember: NO ONE REALLY HAS TWO LEFT FEET!!!

Intermediate Class: 7:00 - 8:00 pm - For the person who has completed a Beginner Session and taken all 6 dances (Foxtrot, Tango, Waltz, Cha-cha, Swing and Rumba). Further instruction in lead/follow and amalgamating patterns. Have fun and learn new and exciting steps!

Advanced Class: 8:00 - 9:00 pm - Devoted to the serious dancer. Must have at least 100 hours of instruction. In-depth on lead/follow and amalgamating very difficult patterns.

Unfortunately, there are no discounts or refunds for missed classes.

Dates: Wednesdays

Price: \$85.00 per couple

(Payable to instructor at the first class)

Location: Silver Springs Lodge

Session 1: April 11 - May 16

Session 2: May 30 - July 11

Session 3: July 18 - August 22



Partners are a must for these classes!

Contact Instructors, Ed and Jennifer Balaj to register yourself and a partner and to verify the dates. Due to unforeseen circumstances, the above dates are not "set in stone!" Your clothing should be comfortable and, please, no tennis shoes. Tennis shoes have a tendency to stick to the floor and we want you to be able to move around the floor!

MEN'S SOFTBALL

SPRING MEN'S SUNDAY DOUBLE HEADER SOFTBALL LEAGUE

Men, 18 years of age and older, register your team for Spring slow-pitch softball. Teams will play 18 games each, plus play-offs if they qualify. The season will begin May 6 and run through mid/late July. Weather permitting. Games are played at Silver Springs Park, Stow, Ohio (Entrance off Young Road). FunInStow.com for more info.

No GAMES ON MAY 28, 2018, Games begin at 6:00 PM, 7:00 PM, 8:00 PM, 9:00 PM.



REGISTRATION FEES:

STOW TEAMS \$295.00

Register at

StowOhio.RecDesk.com

OUT OF TOWN TEAMS \$320.00

U.S.S.S.A.

All teams must register with U.S.S.S.A. at the time of registration. Please make a separate check (or cash) payable to U.S.S.S.A. The registration fee is \$30.00.

UMPIRE FEES

All teams are required to pay the umpire at the fields, prior to each game. The price is \$10 per team, given directly to the umpire at the game site.

FREE OPEN GYM PROGRAMS

Will NOT meet when school is not in session on 4/16; 4/17; 5/8



CO-ED VOLLEYBALL

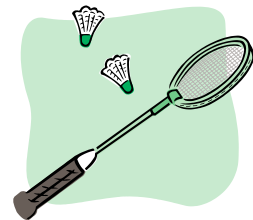
Open gym volleyball for adults, ages 18 and over.

Dates: Mondays, beginning April 9 - May 21

Location: Echo Hills Elementary School

Time: 7:00 - 9:00 pm

NO COST FOR OPEN GYM PROGRAMS



BADMINTON

Open gym badminton for adults, ages 18 & over.

Dates: Fridays, beginning April 6 - May 18

Location: Echo Hills Elementary School

Time: 7:00 - 9:00 pm

SENIOR 55+ PROGRAMS

STOW SUNSHINERS



Stow Sunshiners' are an active social group of senior adults who invite you to become a member. Enjoy a monthly luncheon with entertainment and good fellowship!

Sunshiners Monthly Luncheons are held on the first Monday of each month (unless holiday - 2nd Monday).

**Beginning at 12:00 noon at
Cedar Hall - Stow Glen Retirement Village • 4285 Kent Rd., Stow
Cost: \$8.00 each luncheon. Advance reservations are required
Parking at Cedar Hill & Birch Hall areas**

Membership Information: Must be a resident of Stow or a contiguous city & have attended two luncheons. Annual Membership fee of \$5 Member Fee is used for Monthly Luncheon speakers & entertainment.

Membership requests and luncheon reservations may be sent to:

For further information call:
Stow Sunshiner's Treasurer:

4046 Stow Road, Stow OH 44224 c/o Marlene Holderman 330-688-8673

Stow Sunshiner's President: Diane Dias

Birthday Wishes: If you wish to be eligible for a Birthday gift at the Sunshiner's Monthly Luncheon:

- Sunshiner Membership dues currently paid.
- Name placed at the bottom of the previous month's attendance sheet or * BEFORE meeting day call: John Gretsinger: 330-688-0052

*No reservations accepted day of lunch.

*Sign Birthday sheet at luncheon.

Thank You to our Birthday Gift Sponsors:

- Baumann's Florist
- Oregon Corners Florist
- Bellacino's
- Rockne's - Stow
- Café in Stow
- Silver Lake Florist
- Dairy Queen
- Stow Cone
- Edible Arrangements
- Stow-Glen Retirement Village
- Isaly's II
- Stow Nut Donut Diner
- McDonald's of Stow

Sunshine Lady

The SUNSHINERS want to cheer, lend comfort & support to Sunshiner members in need.



Ellie Smith
330-688-7938
would like to be informed when a Sunshiner member is ill or has suffered a loss.



SENIOR ASSISTANCE

Ask a Social Worker

Many individuals and families struggle with questions about social service needs or concerns due to lifestyle changes as they age. The Stow Senior Center has partnered with **Arbors of Stow** to provide access to a licensed Social Worker to answer your concerns or direct you to available local or county services.

Questions on: In Home Services / Medicare or Medicaid / Home Delivered Meals / Respite or Hospice Care / Utility Assistance & other topics of your concern.

Contact: Tracey Cugini 330-688-1188

Arbors of Stow

Call Mon-Fri, 8:00 am - 4:00 pm

STOW BLANKETEERS

A volunteer group which creates and donates blankets to local charities. Open to all who enjoy knitting, sewing or crocheting and those who would like to learn.



**Oregon Trail Lodge • 1:00 pm - 3:30 pm
Second & Fourth Wednesdays**

Contact: Dottie 330-688-8866

CARE AND SHARE

A volunteer craft group who assist local organizations through the creation of a variety of handicraft projects. Group will meet:

Last Monday of the following:

Jan. thru April • Aug. thru Oct.

1:00 pm - 3:00 pm

Stow Senior Center



SENIOR CENTER LOCATION

3968 Darrow Road (330) 686-1325

PROGRAM REGISTRATIONS

**Stow Parks & Recreation Dept., 3760 Darrow Road
(Stow City Hall) Monday-Friday 8:00 am - 4:30 pm**

Program Info: 330-689-5100

STOW SENIOR CITIZEN COMMISSION

Members have been appointed by the mayor, to advise the city administration on concerns or issues that affect the everyday lives of Stow senior citizens. **Next Meeting: May 11, 7:00 pm Stow Senior Center.** If you have an issue or idea on city policies, practices or infrastructure that you feel would benefit the lives of senior adults - contact the commission at:

seniorcommission@stow.oh.us • or 330-689-5100

SENIOR RECREATION PROGRAMS

On-Going Programs & Special Events for Senior Adults 55+ • Coordinated by the Stow Parks & Recreation Dept.

SENIOR BINGO

Second & Fourth
Thursdays
of each month!



Stow Senior Center
Games begin at 1 pm
\$1 / (3 card) packet for all 10 games
Money taken in is paid out as prizes

DOMINOES

Come learn to play
Mexican Train & enjoy
good company.



Second & Fourth
Tuesdays of each month!

Stow Senior Center
12:30 pm Drop In / No Fee

MAH JONGG

First & Third Tuesdays
Game play start: 12:30 pm

Stow Senior Center
Drop in play for individuals familiar
with the game. No Cost
Look for upcoming instructional classes

INDOOR WALKING



Enjoy the healthy benefit
of walking without the
worry of weather!

Thank you to our friends at:
Fishcreek First Church of Nazarene
4669 Fishcreek Road
Monday-Thursday, 9 am -11:30 am

SENIOR BOWLING LEAGUE

Thursdays • Games start at 9:30 am
Sto-Kent Entertainment Center
3870 Fishcreek Rd.
330-678-1718

Fee: \$7.00
3 games & shoes

New Players & Subs Welcome
League Coordinator: Jack Garner



SENIOR CARDS

Wednesdays, 11:00 am - 4:00 pm
Doors Open at 10:30 am

Euchre / Crown 5/ 500
Spite & Malice / Poker
Phase 10 / Pinochle & more!



Open to all Seniors.
You do not need a partner to play.

BRAIN GAMES

Games & Puzzles

Join this fun and thought provoking work
out to maintain your brain! Those who
engage in stimulating mental activities
and social interaction benefit in retaining
mental cognition plus enjoy a healthy
outlook on life!

Work out your brain power with a variety
of group games, puzzles, social engage-
ment and more. Emphasis is on Fun!

You don't have to know all the answers
but participating gives your brain a work
out!

First & Third Thursdays 1:00 pm
Stow Senior Center / Drop In / No Fee

STOW STRIDERS HIKING

This active group is open to all adult ages
who enjoy the outdoors. Hikers travel by
bus to a different Summit Metro Park trail
each week for easy to moderate trails.

Tuesdays 9:30 am • Spring: May - June
Group departs from
Stow City Hall Parking Lot
Fee: \$3 Round trip

Enjoy one or all scheduled hikes.
Hikes list available at Stow Parks &
Rec Department or online at
FunInStow.com

SENIOR FITNESS CLASSES

All Classes Held at Stow Senior Center

Senior Cardio Circuit

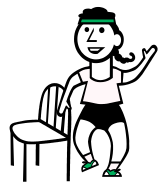
Tuesdays, 9:15 am with Mya Burroughs
Aerobic intervals designed to burn fat are
alternated with the use of weight/bands
in order to sculpt and strengthen. This is
a proven combination to sculpt &
strengthen.

Classes are designed to fit the beginner
to the advance student.

Seated Stretch

Tuesdays 10:15 am
with Mya Burroughs

Yoga exercises to increase
your mobility, strength & balance.
Exercise while seated or standing near
chair - no floor work.



Senior Yoga

Thursdays 9:15 am, with
Jen Caldwell

Yoga like exercises to increase your
mobility, strength and balance.
Exercise while seated or standing
near chair - no floor work.

Strength & Tone

Thursdays 10:15 am, with
Jen Caldwell

Use of small hand weights & tubing as
you work out to music.

Designed to promote muscle strength,
increase flexibility, balance & range of
motion both seated or standing.

Sr. Fitness Class Fees:

Purchase an Exercise Punch Card:
\$10.00 for 5 classes or \$2/class or

**Current Silver Sneakers Members
May participate at *No Cost w/ ID**

SENIOR RECREATION PROGRAMS

Pick a Program that interests you and jump in! • Coordinated by the Stow Parks & Recreation Dept.

COMMUNITY BUS TRIPS

Look for a current listing of bus trips at Stow Parks & Recreation Department or online at FunInStow.com



A variety of destinations are offered throughout the year!

- Open to all ages.
- Pre-registration required
- Trip fee includes transportation and admissions.
(Meals not included unless noted)

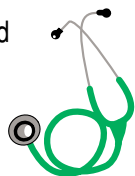
FunInStow.com for more information
Register at StowOhio.RecDesk.com.

HEALTH SCREENING

No Appointments Required at Stow Senior Center

No Cost
2nd Thursday of each month, 12:00 pm - 1:00 pm

Blood Pressure & Glucose Screens
No fasting required. Finger stick.



Sponsored by: Our Friends at Stow Glen Retirement Village

HEARING HEALTH

Ascent Audiology - Hearing appointments are held at Stow Senior Center.

No Fee - Appointment required by calling Ascent Audiology 330-688-1172

Christopher Written AuD, CCC-A, a local licensed audiologist, will meet with you individually for questions and screen you for any hearing related concerns. Plus, if needed, removal of wax build up, inspection and cleaning of hearing aids.

CHAIR MASSAGE

Sue Petrof,
Licensed Massage Therapist

Massage is credited with reducing pain and allowing deep relaxation. A chair massage focuses on the neck, shoulders and back only, while fully clothed. Make an appointment for a 15 minute session. *No need to kneel on knees.*

\$15 for a 15 minute chair massage
Second Friday of Each Month

10:30 am -12:30 pm by Appt.
at the Stow Senior Center

For Appointments Call:
Sue Petrof, LMT 330-414-8882

BREAKFAST BUDDIES

This senior group visits a local restaurant to enjoy good conversation & a tasty breakfast. Meet the group leader at the restaurant, then order off menu.



Third Friday of Month, 9:00 am

Call Stow Senior Center on
Tuesday or Thursday
to reserve a seat 330-686-1325

POPCORN MOVIE

Dinner and a Movie

Why sit home watching TV when you can view a recent movie plus dinner in the company of friends at the Stow Senior Center?

Dinner is planned & prepared by Stow-Munroe Falls High School Culinary Arts students at Joshua's Cafe and a recently released movie will be shown while you enjoy dinner.

Fee: \$7.00 includes dinner
Sept./Nov./Jan./Mar./May/July
4:30 pm - 7:00 pm

Pre-Registration is required at:
Stow Parks & Recreation Dept.

TRAVEL LUNCH BUNCH

Join us as we travel out of town each month to a new restaurant. Never eat alone, worry about traffic, directions or finding a place to park!

Pay your bus fare at registration. Order & pay off menu day of trip.

Departure Time 10:30 am
from Stow City Hall Parking Lot
Park near center of lot
Bus Fare: \$10 / trip

Call for restaurant locations & dates

Limited Seating Register Early at
Stow Parks & Recreation Dept.

NOTARY SERVICES

No Appointment Required - No Fee

Monday - Friday 8:00 am - 4:00 pm
at Stow City Hall

Bring all documents and a legal form of identification to have your documents notarized.



FOOT & NAIL CLINICS

Toe nail trimming, filing and callus reduction performed by a Certified Foot Care Nurse. An assessment of the lower legs and feet will be done as well. Fee is paid directly to nurse at appointment.

Stow Senior Center

Individual foot care appointments at the Stow Senior Center are made by contacting Jen Vanek, RN BSN, CFCN owner/operator of EDNEO, LLC to schedule an appointment. (216) 956-0293

Stow Senior Programs

are coordinated by the
Stow Parks & Recreation Department
and are open to active Senior Adults 55+.

DOG PARK

**Paw Fest
Sept. 16, 2018**



Bow Wow Beach

Stow's dog park opened in June of 2007. Bow Wow Beach Dog Park has consistently been rated one of the TOP 10 dog parks in America by Dog Fancy Magazine and was recently rated as one of the Top 10 Must See dog parks in America by Everydog Magazine. The features of our FREE, 7.5 acre, fenced-in park are listed below. Visit our website for more information!

8:00 AM - DUSK

Open Mid-March thru December 1

- Three-acre lake
- Pen entrance & exit
- Dog agility course
- Sandy beaches
- Waste deposit stations
- Dog washing stations
- Separate large/small dog areas
- Grassy knolls

For a complete list of rules and information for Bow Wow Beach, visit: www.FunInStow.com

DONATIONS

Bow Wow Beach is owned and operated by the City of Stow. Donations are gratefully accepted from the secure donation station located in the dog park. The City funds ongoing costs for the dog park including: fencing and fence maintenance, waste bag supply, lake water testing, mowing and weed control, trash collection, beach clean up, utilities, etc.

MAINTENANCE

**THE DOG PARK IS
CLOSED EVERY THURSDAY,
8:00-11:00 AM
FOR CLEANING AND MAINTENANCE.**

Bow Wow Beach Sign Sponsor Program

Show your support for Stow's dog park and gain visibility for your business from hundreds of park visitors each year. Funds generated by the Sign Sponsor Program will be used to maintain Bow Wow Beach. The program is open to any business, public agency, community group, non-profit organization, entity or individual. Signs will be displayed during the open season for Bow Wow Beach, which is Mid March until December 1, on the fence surrounding Bow Wow Beach facing the inside of the park.

Sponsorship:

\$300 - One-season term

Mid-March until December 1

\$50 Fee if artwork needs to be created

Sign Size & Material:

4' x 8'

13 oz Vinyl Banner

Hemmed & Grommets

Payment & Timeframe:

Payment must be made before artwork will be initiated by the printer. Checks should be made payable to City of Stow. Signs will be displayed at the park within 4 weeks of your order confirmation.

Sign Artwork:

Sponsor must provide logo in EPS vector file format or high resolution pdf, and submit directly to the program printer along with sign text and layout: cheryl@printingandsigns.com. \$50 Fee if artwork needs to be created.

Sample Banner



Register at StowOhio.RecDesk.com.

CAMPGROUND

Silver Springs Campground

5238 Young Road, Stow Ohio 44224

Open Through October 31

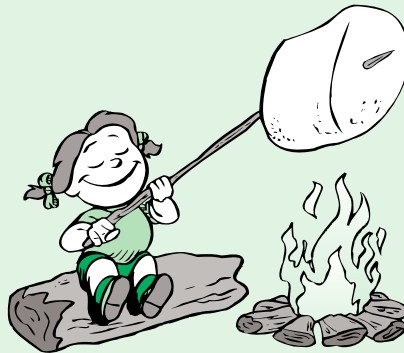
**Providing outdoor recreation
since 1976!**

STOW RESIDENTS: \$13.00/night per site.

NON-RESIDENTS: \$15.00/night per site.

Visit www.FunInStow.com, Click on ⇒ Parks & Places ⇒ Silver Springs Campground

Click on "Campground Brochure" for map, directions, rules, site layout and more!



For additional information, contact Ken Barnhart at KBARNHART@STOW.OH.US or visit www.FunInStow.com

STOW COMMUNITY GARDEN PROGRAM

Come Grow With Us!

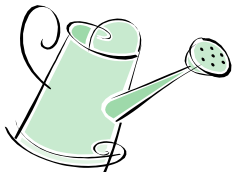
Located on 5070 Stow Road, (opposite Silver Springs Lodge)

Open Garden Registration - New Gardeners 2018

New Garden Sign-up begins

Saturday, May 12th • 9:00 am - 10:30 am

Stow City Hall - Parks & Recreation Department
3760 Darrow Road



**Plots available on
a First-Come,
First-Served Basis**



FULL SIZE PLOT: 20x20 \$16.00 • HALF SIZE PLOT: 10x20 \$8.00

Returning 2017 Gardeners - Must Return pre Registration Forms by May 4th, 2018 to keep same plot as previous year.

Past Gardeners who wish to change their plot: First Pre-Register/Pay for your old plot #, then you may shift to an open plot on Sat. May 12th, 9:00 am - 10:30 am at Stow City Hall 3760 Darrow Road.

Sponsored by: Fun in Stow (Stow Parks & Recreation) and The Stow Community Garden Association

PARKS AND RENTAL FACILITY INFO

11 STOW PARKS FULL OF FUN!	Baseball/Softball Field	Basketball Courts Lighted Until 10pm	Fishing	Hiking/Fitness Trail	Campground	Picnic Shelters	Picnic Tables	Play Equipment	Rental Facilities	Restroom Facilities	Soccer Field	Tennis Courts Lighted Until 10pm	Dog Park
Adell Durbin Park 3300 Darrow Road													
Silver Springs Park 5027 Stow Road			 CATCH & RELEASE										
Crestdale Park 4570 Timberdale Drive													
Northport Park 3780 N. Santom													
Wetmore Park 3135 Kent Road													
Meadowbrook Lake Park 5069 Hudson Drive			 CATCH & KEEP										
Heather Hills Park 1641 Bobwhite Trail													
Sherwood Acres 4344 Forest Hill Road													
Oregon Trail Park 2913 Graham Road													
Partridge Highlands 3020 Stockbridge Drive													
SKIP Playground 3870 Darrow Road													

Visit FunInStow.com for additional information on pricing, required rental forms and facility amenities. Check the online availability calendar to find open dates for your rental. All rentals require the completed and signed rental form along with full payment of rental fee and security deposit to be considered a reservation. If you would like to view a facility, showings are scheduled each week.

**Please contact Stow Parks and Recreation to sign up for one of our showings.
Facilities will not be available unless you call ahead. Call Monday through Friday, 8:00 am to 4:30 pm.**

LODGES

Silver Springs Lodge - 5027 Stow Road (Silver Springs Park)
Accommodates up to 160 people. Includes air conditioning and heat.
Wood fireplace available upon request.

Friday-Sunday \$395 Resident / \$495 Non-Resident

*Additional Security Deposit of \$100 required for any rental.

*Liquor Application Deposit of \$200 required (if serving).

Heritage Barn - 5238 Young Road (Silver Springs Park)
Accommodates up to 200 people. Heated. No Air. No helium balloons.

Monday-Thursday \$95 Resident / \$175 Non-Resident
Friday-Sunday \$395 Resident / \$495 Non-Resident

*Security Deposit of \$100 required for any rental.

*Liquor Application Deposit of \$200 required (if serving).

SHELTERS

Oaktree Shelter - 4995 Stow Road (Silver Springs Park) 18 picnic tables, can accommodate up to 100+ people, seated. Electric, grills, and trash containers included. Next to open field & SOAR playground.

\$60 Resident / \$90 Non-Resident

Lakeview Shelter - 4995 Stow Road (Silver Springs Park) 15 picnic tables, can accommodate up to 90+ people, seated. Electric, grills, and trash containers included. Overlooks park lake & adjacent to SOAR playground.

\$50 Resident / \$75 Non-Resident



SPOTLIGHT ON ADELL DURBIN PARK



Welcome to Adell Durbin Park!

This 34 acre park is a beautiful natural area in our community on the border of Stow and Munroe Falls. Adell Durbin Park is home to a large play area and playground, picnic areas, restrooms, lavish hiking trails, a wildflower meadow and lighted tennis courts. Dominant natural features of Adell Durbin Park include the Gorge (with Ledge deck), the Arboretum and Walnut Creek.

At one time, Adell Durbin Park was home to more than 100 species of trees and shrubs, both native and cultivated. Many still exist throughout the park. The gorge was initially formed by the melting glaciers as they retreated to the north over 10,000 years ago. The ledge in this gorge is composed of Sharon Sandstone Conglomerate laid down at the bottom of an ocean that was here over 350 million years ago. The deck, built by area Boy Scouts as an Eagle Scout Project, takes you right up against the ledge. The slowly moving stream is the major force that, over time, carved the surrounding gorge.

Hiking Trails

There are three separate hiking trails at Adell Durbin Park that intertwine at various points with each other. The trails are currently undergoing a refurbishment, which includes mapping, marking and redefining the trails. The refurbishment also includes repairing/replacing the foot bridges.

Hikers Trail (Red): 1.2 miles

This trail starts at the south end of the parking lot and heads south, meanders by the far side of the tennis courts, along the inside of the wildflower meadow, into an open area of the park, and then into the woods for the more technical part of the trail, by the overlook and back to the parking lot.

Cliff Trail (Blue): .6 miles

This Trail starts at the west edge of the parking lot, goes a little bit south and then west, cutting into the woods and then loops around back to the parking lot after meandering through the more technical part of the trail in the woods and by the overlook.

Tree & Shrub Trail (Yellow): 1.1 miles

This trail begins at the west edge of the parking lot and heads south, meanders along the far side of the tennis courts, loops out toward Darrow Road and then back in and into an open area of the park. The trail then loops back through the center of the park and its woods, and ends at the parking lot.



New Sign - Coming Soon!

Kids Program This Summer!

Nature in the Park!

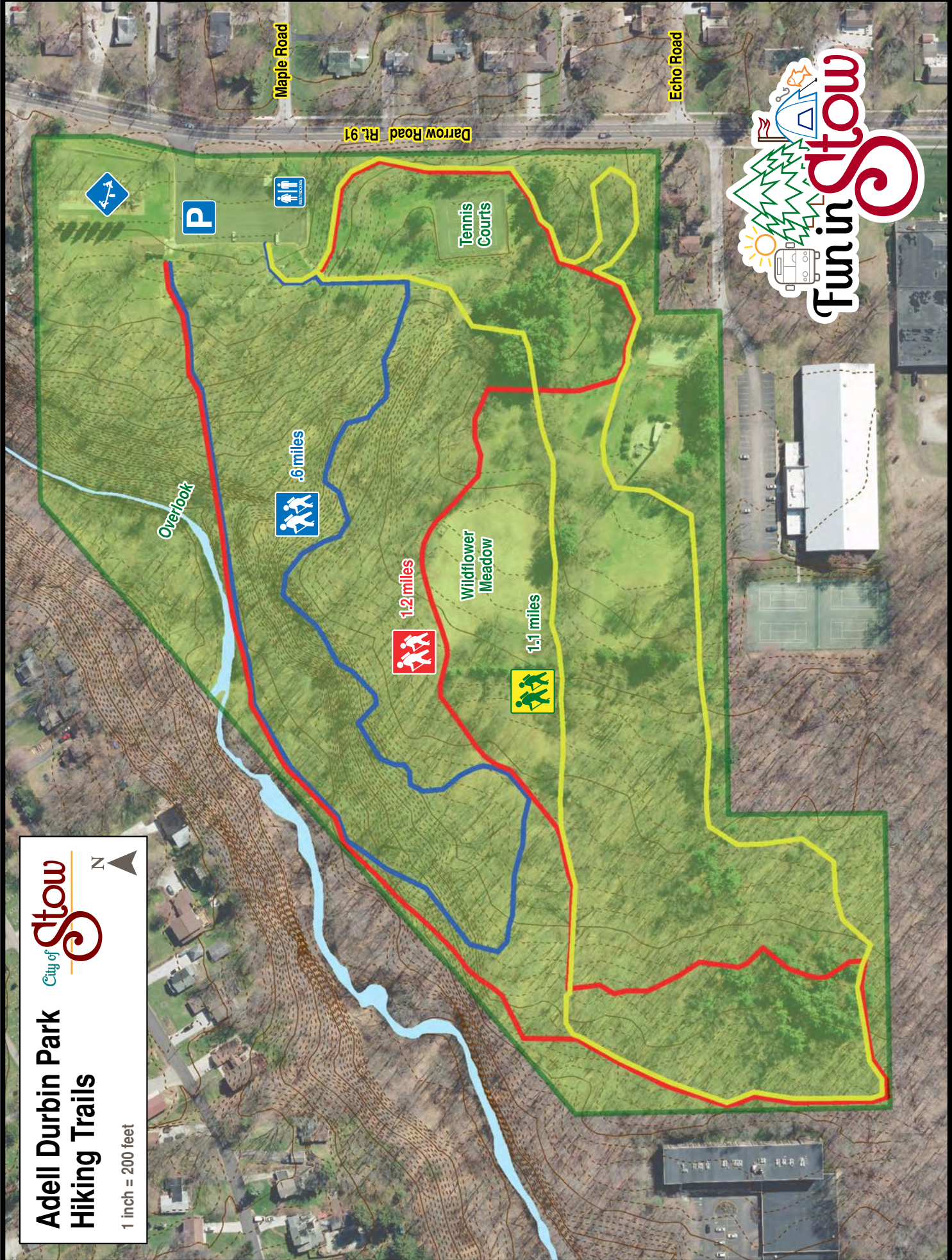
Adell Durbin Park

City of **Stow**

Hiking Trails



1 inch = 200 feet





OPEN SHELTERS & LODGES

Weddings - Receptions - Parties
Showers - Reunions - Seminars
Special Events

For Availability & Information, call
Stow Parks & Recreation Dept.
330-689-5100

8:00 am - 4:30 pm, Mon. - Fri.

HERITAGE BARN



SILVER SPRINGS LODGE



QUICK PHONE DIRECTORY

Stow Parks & Recreation.....	330-689-5100
Emergency	9-1-1
Police Department	330-689-5700
Fire Department.....	330-689-3290
Stow Senior Center	330-686-1325
Stow Post Office.....	330-688-9288
Stow-Munroe Falls Chamber of Commerce	330-688-1579
Stow-Munroe Falls Public Library	330-688-3295
Stow-Munroe Falls High School	330-689-5300
Stow Board of Education.....	330-689-5445
Stow Youth Baseball.....	www.stowyouthbb.org
Stow Suburban Youth Football ..	www.stowyouthfootball.com
Stow Soccer Club.....	stowsoccerclub.com
Stow Suburban Cheerleading.....	330-650-1843

www.FunInStow.com

For more
information visit

www.FunInStow.com!