



Senior News

**Programs & Services
for Active Senior Adults**

Parks & Recreation Department

Program Registration Office: Stow City Hall
3760 Darrow Road Stow, OH 44224

Monday-Friday 8:00am - 4:30pm

330-689-5100

March - April 2018

Program Registration Begins:

Monday, February 26 at Stow City Hall



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Serving Active Senior Adults

Program Information:

**Stow Parks & Recreation Department
Program Registration & Information**

3760 Darrow Road - Stow City Hall
330-689-5100

Stow Senior Center

3968 Darrow Road 330-686-1325

Senior Adult Programs

Kathy McConnell, Recreation Supervisor
kmccconnell@stow.oh.us

www.FunInStow.com

Upcoming Senior Special Events



Wheel of Fortune

L N C N



Program Partner: Visiting Angels Living Assistance Services

This annual special event tests your puzzle solving skills! Spin the Wheel, buy a vowel or solve the puzzle. Prizes awarded to all puzzle solving contestants in our version of this popular game show! Contestants will be drawn from audience members who will compete at the Big Wheel for fun & prizes!

Menu: Meatloaf, Mashed Potatoes, Glazed Baby Carrots, Dinner Roll
Cherry Pie and Beverage

Thursday, March 29 12:00pm Fee: \$9.00

Pre-Registration is Required - Limited Seating

Silver Springs Lodge 5027 Stow Road



Stow Parks & Recreation Dept.
welcomes you to jump in
and have fun!

Senior programs are open to
all active older adults. Some of
our programs are drop in with
no registration; but most
require advance sign up.

Don't delay many of our
programs are quite popular
and fill up fast.

Registration is taken at
Stow City Hall Monday-Friday
8:00am-4:00pm

If you have questions
please call the

Stow Parks & Recreation
Department
330-689-5100

Kathy McConnell
Recreation Supervisor
City of Stow Parks & Recreation

Spring Clean Up Outdoor Chore Service

Stow Munroe Falls High School Student Council
provide assistance with outdoor cleaning for senior adults
living in Stow or Munroe Falls.



Program Requirements:

Stow / Munroe Falls residents only & 65+ years of age.

Work group: 3 students + adult supervisor for 1 hour per home.

Outdoor Service projects may include:

Flower Bed prep/clean up / Patio furniture moved / Flower pots filled
or general outdoor clean up

*Senior residents must provide all necessary cleaning supplies & tools; plus remain
home during time of service. Limited number of homes completed.*

Program Registration begins: Wednesday, March 21

Stow Parks & Recreation Department at Stow City Hall

Spring Clean Up Program Date: Tuesday, April 24

Choose: Morning 9:00am-11:00am or Afternoon 12:30am-2:30am

Art Décor Craft Workshop

Program Partner: Bath Creek Estates



It's always fun to get together and make
something new to decorate your home.

Join Susan Augustine, a certified Art Therapist from Bath Creek Estates
as she helps you create a beautiful spring decor to spruce up your door
or living space. All the supplies will be provided! We will have
coffee/tea & dessert available for an afternoon of fun and creativity.

Mon., April 23 1:00pm Fee: \$3

Stow Senior Center

Pre-Register at Stow Parks & Recreation Department - Limited Seating



Active Senior Adult Special Events & Programs

AARP Driver Safety Program

Cars, traffic rules, driving conditions and the roads we drive change all the time.



Even the most experienced drivers can benefit from understanding the rules of the road and how aging can effect your driving skills. Learn techniques on how to safely operate your vehicle in an increasingly challenging environment.



Many insurance companies give a discount with course completion.

Video instruction & discussion only.

Friday, March 2 9:00am-1:00pm
Stow Senior Center

Pre-Register Limited Seating - Register Early!
Call Stow Parks & Recreation to pre-register

Fee: AARP members \$15 Non-Members \$20
Payment taken at class with Check made to AARP



Pizza Party & Game Night

Fun, Food & Frivolity



Program Partner: Harbor Light Hospice

Pizza, Pizza, Pizza... Let the games begin!
An evening of fun and friendship is planned with a variety of game tables set for your choice of play. Card games, dominoes and a bunch of new games will all be ready for laughs and fellowship! We will explain all the rules - You just keep your plate filled with pizza, salad bar fixings and sweet treats.

Mon., March 19 4:30pm Fee: \$6.00
Stow Senior Center Limited Seating

Register Early at Stow Parks & Recreation Department

Spring Fling Dance

Program Partner: Stow Glen Retirement Village

Dance the night away or simply sit back and tap your toes to the sounds of live music. The ever popular *Gene Fiocca Band* will delight you with the music you love for a great night out!

Appetizers & beverages will also be served.

Get your tickets early - No Tickets sold at door
Beautiful hardwood dance floor at Silver Springs Lodge

Friday, April 20 6:30pm - 9:30pm Fee: \$11.00
Silver Springs Lodge 5027 Stow Road
No Tickets Sold at Door

Pre-registration required at Stow Parks & Recreation

Breakfast Buddies

This senior group visits a local restaurant to enjoy good conversation and a tasty breakfast!



Meet the group leader at the restaurant then order & pay off menu.

Pre-registration is required
Please Call 330-689-5100 for a seat reservation.

Third Friday of Month 9:00am

March 16 Your's Truly Hudson

April 20 Isaly's Stow

May 18 Hudson's Hudson

Travel Lunch/Dinner* Bunch

Join us as we travel out of town each month to a new restaurant. Never eat alone, worry about traffic, directions or finding a place to park!



Pay your bus fare at registration.
Order & pay off menu day of trip.

Departure Time Lunch: 10:30am

from Stow City Hall Parking Lot
Park near center of lot

Bus Fare: \$10 / trip Limited Seating - Register Early!

Thyme2 Medina
Mon., March 26 Or Weds., March 28

Simon's Delicatessen Brecksville
Mon., April 9 Or Weds., April 11

Station 43 Tavern Solon
Mon., May 21 Or Weds., May 23



Popcorn Movie

Dinner & A Movie



Why sit home watching TV when you can view a recent movie + have dinner in the company of friends at the Stow Senior Center.

Pot Luck Dinner prepared by the Culinary Arts Students at Stow Munroe Falls High School
Call Stow Parks & Recreation Department for title of movie at registration.

Monday, March 12 4:30 pm
Monday, May 7 4:30pm

Fee: \$7.00 includes dinner at Stow Senior Center
Pre-Registration is required at Stow Parks & Recreation

Sports, Fitness & More Programs

On-Going Programs & Classes for Active Senior Adults

Beginner Line Dancing



Beginner's Line Dancing is a great way to exercise, build a better memory and have an enjoyable social time. Join instructor, Nanette Wroe as she shows you "step-by-step" how to line dance in this fun class.

Learn the Electric Slide, Stray Cat Strut, Cab Driver and many more engaging beginning level dance routines.

Weekly Drop In Classes

Tuesdays, 3:15pm

Stow Senior Center

\$3.00 per class paid to instructor
(correct change please)

Indoor Walking

Enjoy the healthy benefit of walking without the worry of weather!



Thank you to our friends at:

Fishcreek First Church of Nazarene
4669 Fishcreek Road

Monday-Thursday 9:00am-11:30am

Brain Games Puzzles & Games



Program Partners:
Stow Glen Retirement Village
& The Landings of Stow

First & Third Thursdays
1:00pm No Fee

Drop In Stow Senior Center

Emphasis is always on Fun! Join this entertaining and thought provoking workout to maintain your brain! Those who engage in stimulating mental activities and social interaction benefit in retaining mental cognition plus enjoy a healthy outlook on life!

First Thursdays - Puzzle Play
with Bob Pontius
- Stow Glen Retirement Village

Third Thursdays - Game Play
with Susan Dietz
- The Landings of Stow



Sr. Cardio Circuit

Tuesdays / 9:15am Mya Burroughs

Aerobic intervals designed to burn fat are alternated with the use of weight/bands in order to sculpt and strengthen. This is a proven combination to sculpt & strengthen. Classes are designed to fit the beginner to the advanced student.



Individuals new to fitness programs are encouraged to come and observe a class at no cost.

Seated Yoga

Tuesdays 10:15 am Mya Burroughs

Yoga exercises while seated in chair - no floor work.

Increase strength and flexibility.

Senior Fitness Classes Held at
Stow Senior Center

Sr. Fitness Class Fees:

Silver Sneakers Members may participate at No Cost w/ Health Card
Non-Silver Sneakers members may purchase a punch card \$10 for 5 classes

Senior Yoga Stretch

Thursdays 9:15am Jen Caldwell

Yoga like exercises to increase your mobility, strength and balance. Exercise while seated or standing near chair - no floor work.

Strength & Tone

Thursdays 10:15am Jen Caldwell

Use of small hand weights & tubing as you work out to music. Designed to promote muscle strength, increase flexibility, balance & range of motion both seated or standing.

All exercise classes are very friendly and social.

Stow Munroe Falls High School Senior Class

Musical Mary Poppins

- Free Senior Citizen Performance



The world of London, England in 1910, home the Banks family. The children haven't sent yet another nanny packing due to their misbehavior.

That soon changes when Mary Poppins flies in to take the job of nanny. Memorable and magical adventures abound as Mary Poppins' transformations the children & eventually the grown-ups learn "anything can happen if you let it."

Friday, April 27 9:30am

No Fee / No Registration
At the Stow Munroe Falls
High School Auditorium

Another Bunco Party!

Program Partner: The Landings of Stow

Bunco is a friendly dice game that has become popular as a social game in neighborhood groups.



It involves 100% luck and no skill! Join us if you have never played before or if you have played the game elsewhere.

The game is simple to learn... there are no decisions to be made, just pure luck & loads of fun. Small prizes will be awarded for most wins, most buncos & more!

Coffee, Tea & Desserts

Friday, April 6 1:30pm

Fee: \$5.00 Pre-register

Stow Senior Center

Limited Seating Register at:
Stow Parks & Recreation Department

Recreation Programs & Health Services

On-Going Programs & Classes for Active Senior Adults

Inclement Weather Policy



When Stow Parks & Recreation Classes /Activities are impacted by weather, it may be necessary to cancel.

To find out if your class or activity is being held during these times, please contact the following:

Stow Parks & Recreation
Weather Cancellation Hotline
330-689-5105 or

Stow Parks & Recreation Office
Mon-Fri 8:00am-4:30pm
330-689-5100

We will update information throughout the day.

Each program will be determined individually. It is best to call just prior to your program's scheduled time to establish if it has been cancelled or is on as scheduled.

Foot & Nail Care

Everyday Divinity Foot Care

Mon., March 12 9:00am-1:00pm
by appointment only



Toenail trimming & filing
+ callus reduction performed
by a Certified Foot Care Nurse.
An assessment of the lower legs
& feet will be done as well.

Individual Foot Care Sessions
are \$28.00 check or cash only.

Please call: Jen Vanek, RN BSN,
CFCN, owner/operator of EDNEO, LLC
to schedule an appointment call:
(216) 956-0293

Home visits are also available.

Dominoes Mexican Train



Come learn to play.
Enjoy good company!

Second & Fourth Tuesdays
of each month 12:30 pm
Drop In / No Fee

Senior Bingo

at Stow Senior Center



Second & Fourth Thursdays
of each month Games begin at 1 pm
\$1 / (3 card) packet for all 10 games
All money taken in is
paid out as prizes

Senior Bowling

League Play

Thursdays 9:30am



Sto Kent Entertainment Center
3870 Fishcreek Rd Stow
330-673-1718

Fee: \$7.00 / 3 games

New Players & Subs Welcome
League Coordinator: Jack Garner

Subs Are Always Welcome!

Hearing Health



Ascent Audiology & Hearing
Mon., April 16

10:00am - 12:00pm appointments
at Stow Senior Center

Christopher Witten AuD, CCC-A,
a local licensed audiologist, will
meet with you individually for
questions and screen you for
any hearing related concerns.
Plus if needed, removal of wax
build up and inspection and
cleaning of hearing aids.

No Fee - **Appointment required**
by calling: *Ascent Audiology*
330-688-1172



Mah Jongg

First & Third Tuesdays

Game play start: 12:30pm
Stow Senior Center

Drop in play for individuals
familiar with the game. - No Fee

Senior Cards



Wednesdays 11:00am - 4:00pm

*Euchre / Crown 5 / 500 /
Spite & Malice / Poker /
Phase 10 / Pinochle & more!*

Stow Senior Center
Open to all Senior Adults
A Nominal Drop In fee covers
the price of snacks/beverages

Health Screenings

No Appointment Required - No Fee
at Stow Senior Center

Second Thursday of each month
12:00pm - 1:00pm

Blood Pressure & Glucose Screens

No fasting required. Finger stick

*Sponsored by Our Friends at:
Stow Glen Retirement Village*

Chair Massage

with Sue Petrof, LMT
Licensed Massage Therapist

Massage is credited with
reducing pain and allowing
deep relaxation.

A chair massage focuses
on the neck, shoulders
and back only
while fully clothed.

Make an appointment
\$15 for a 15 minute
chair massage

No need to kneel on knees.

Second Friday of Month:

(March 9 & April 13)

10:30am -12:30pm by Appt.
at the Stow Senior Center

For Appointments Call:

Sue Petrof, LMT 330-414-8882



Stow Blanketeers

A volunteer group which creates & donates blankets to local charities. Open to all who enjoy knitting, sewing or crocheting or those who would like to learn! Donations of Yarn appreciated!

Contact: Dottie 330-688-8866

Oregon Trails Lodge 2913 Graham Rd
Second & Fourth Wednesdays 1:00 pm - 3:30pm



Senior Services Assistance Ask a Social Worker

Many individuals and families struggle with questions about social service needs or concerns due to lifestyle changes as they age.

The Stow Senior Center has partnered with **Arbors at Stow** to provide access to a licensed Social Worker to answer your concerns or direct you to available local or county services.

Questions on: In Home Services / Medicare / Home Delivered Meals / Respite/Hospice Care / Utility Assistance & other topics of concern.

Contact: Tracey Cugini
 Arbors of Stow 330-688-1188
 2910 L'Ermitage Place Stow

Notary Services

No Appointment Required - No Fee

**Monday - Friday 8:00am - 4:00pm
 at Stow City Hall**

Bring all documents & a legal form of identification to have your documents notarized.



Stow Senior Citizen Commission



Members appointed by the Mayor, advise the city administration on concerns or issues that affect the everyday lives of Stow senior citizens.

**Next Meeting: Stow Senior Center
 Tues, May 15 7:00pm**

Tammy Denton, Chairperson

If you have an issue / idea on city policies, practices or infrastructure that you feel would benefit the lives of senior adults.
 seniorcommission@stow.oh.us

Care & Share



A volunteer craft group who assist local organizations through the creation of stuffed dolls and other handicrafts. New material donations accepted

Meet the Last Monday of the following months:

January - April
 Mid Year Break
 August - October
 1:00 pm - 3:00pm

Stow Senior Center
 3968 Darrow Road



The Stow Sunshiners are an active social group of senior adults who invite you to become a member of their group. Enjoy a monthly catered luncheon with entertainment and good fellowship! Stow Sunshiner's President: Diane Dias

Monthly Luncheon is held the 1st Monday of Month (*Holiday, 2nd Mon.)

at Cedar Hall of the Stow Glen Retirement Village 4285 Kent Road Stow (Parking Cedar Hall & Birch Hall areas)

Sunshiner Membership Information: Must be a resident of Stow or a contiguous city & have attended two luncheons.

Pay Annual Membership fee of \$5.00 Member Fee is used for Monthly Luncheon speakers & entertainment.

Stow Sunshiner Membership & Luncheon Reservations/Ticket Information:

Pre-reservation with payment is required Luncheon COST: \$8.00 to Stow Sunshiners

Mail payment to: 4836 Algonquin Trail, Stow 44224 c/o Marlene Holderman 330-686-1632



Monday, March 5 - 12:00pm

Menu: Corned Beef w/ Carrots & Cabbage, Irish Potatoes, Green Beans, Sour Dough Bread, Dessert & Beverage.

Entertainment: "Southern Gospel Music" The Old Spice Girls

Monday, April 2 - 12:00pm

Menu: Oven Fried Chicken, Mashed Potatoes, Fresh Baked Biscuit, Creamy Coleslaw, Dessert & Beverage

Entertainment: "Barbershop Music" Keyed Up Quartet

Birthday Wishes: If you wish to be eligible for a Birthday gift at the Stow Sunshiners' Monthly Luncheon

- Follow these steps - * Sunshiner Membership dues are currently paid. \$5.00 yearly membership fee

* Place Your Name at the bottom of the previous month's attendance sheet or

* Call: John Gretsinger 330-688-0052 the Month Prior to Your Birthday month. *No reservations accepted luncheon day.

Thank You to our Sunshiner Luncheon Birthday Gift Sponsors:

- Baumann's Florist
- Bellacino's
- Café in Stow
- Dairy Queen Fishcreek
- Dairy Queen - Portage Trail
- Isaly's II
- McDonald's Norton Road
- Oregon Corners Florist
- Red Lobster
- Rockne's - Stow
- Silver Lake Florist
- Stow Cone
- Stow-Glen Retirement Village
- Stow Nut Donut Diner

Sunshine Lady



The Stow SUNSHINERS want to cheer, lend comfort & support to other Sunshiner members in need. Please contact Ellie Smith 330-688-7938 to inform her when a Stow Sunshiner member is ill or has suffered a loss.

Stow Seniors Activity Calendar

Stow Parks & Recreation Department 330-689-5100

March 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:15am Yoga Stretch 9:30am Bowling@SKB 10:15am Sr Strength 1:00pm Brain Games	2 9:00am AARP Driver Safety Program	3
4	5 12pm Sunshiner Luncheon @ Stow Glen Retirement Village	6 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Dominoes 3:15pm Line dancing	7 10:30am Lunch Bunch 11:00am Cards	8 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 12pm Health Screens 1:00pm Bingo 8:00pm Stow Players	9 Chair Massage Appointments	10
11	12 Foot Care Appointments  4:30pm Popcorn Movie	13 9:00am Bus: Spring Hill 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Mah Jongg 3:15pm Line Dancing	14 11:00am Cards 1:00pm Blanketeers @OT	15 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Brain Games	16 9:00am  Bfast Buddies	17
18 9:30am Bus: Fieldcrest	19  4:30pm Pizza Party	20 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Dominoes 3:15pm Line Dancing	21 11:00am Cards Spring Clean Registration Begins	22 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Bingo 8:00pm Stow Players	23	24
25	26 10:30am Lunch Bunch 1:00pm Care & Share	27 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Mah Jongg 3:15pm Line Dancing	28 10:30am Lunch Bunch 11:00am Cards 1:00pm Blanketeers @ OT	29 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 12:00 pm Wheel of Fortune Luncheon @SSL 1:00pm Brain Games	30	31

Most Programs are held at Stow Senior Center at 3968 Darrow Road

- Program Registrations are taken at Stow City Hall - Stow Parks & Recreation Department 3760 Darrow Road

*SSL = Silver Springs Lodge 5027 Stow Rd

*Bus Trips & Lunch Bunch Depart: Stow City Hall 3760 Darrow Rd

*OT = Oregon Trails 2913 Graham Rd

*HB = Heritage Barn 5238 Young Rd

*SGRV = Stow Glen Retirement Village 4285 Kent Rd

*SKB Sto-Kent *SKB Stow Kent Entertainment Bowling Lanes Fishcreek Rd

Stow Seniors Activity Calendar *April 2018*

Stow Parks & Recreation Department 330-689-5100

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 12:00pm Sunshiner Lunch @ Stow Glen Retirement Village	3 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Mah Jongg 3:15pm Line Dancing	4 11:00am Cards	5 9:00am Bus: Firelands Wine & Dine 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Brain Games	6 1:30pm Bunco Party 	7
8	9 10:30am Lunch Bunch	10 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Dominoes 3:15pm Line Dancing	11 10:30am Lunch Bunch 11:00am Cards 1:00pm Blanketeers @OT	12 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 12pm Health Screens 1:00pm Bingo	13 Chair Massage Appts	14
15	16 1:00pm Bus: Lakeview Cemetery Hearing Screens By Appointment	17 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Mah Jongg 3:15pm Line Dancing	18 11:00am Bus: Trinity Cathedral Concert 11:00am Cards	19 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Brain Games	20 9:00am  Bfast Buddies 6:30pm  Spring Fling Dance @SSL	21
22	23 1:00pm Craft Workshop	24 Spring Clean UP 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Dominoes 3:15pm Line Dancing	25 11:00am Cards 1:00pm Blanketeers @OT	26 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Bingo	27	28
29	30 1:00pm Care & Share					

Most Programs are held at Stow Senior Center at 3968 Darrow Road

- Program Registrations are taken at Stow City Hall - Stow Parks & Recreation Department 3760 Darrow Road

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*SKB = Sto-Kent *SKB Stow Kent Entertainment Bowling Lanes Fishcreek Rd



Spring Hill Historic Home

Massillon



Built in 1821 as a family home by Thomas & Charity Rotch, Spring Hill has an abundant history of life in the 1800's.

A stop on the underground railroad, a family farm and a local gathering place. Spring Hill has much history to share. Walking/Steps

Lunch at Kozmo's Grill (additional) Plus a stop at the Lady Bug Garden Center.

Date: Tues., March 13 **Fee:** \$20.00

Depart: 9:00am **Return:** 3:30pm



Lake View Cemetery Tour

Cleveland

A Cleveland landmark - Lakeview Cemetery has beauty at every turn. An onboard docent will tell of the it's rich history. We will

step off to tour the interiors of Wade Chapel & Garfield Monument. Lunch stop at Trattoria's in Little Italy (additional)

Date: Mon., April 16 **Fee:** \$25.00

Depart: 8:00am **Return:** 3:30pm

Canal Boat Ride

Canal Fulton



A ride on the horse drawn St. Helena Canal Boat with the history of the Ohio & Erie canal.

Dinner: Boca Grande Restaurant (additional)

Date: Thurs. May 24 **Fee:** \$32.00

Depart: 1:00pm **Return:** 8:00pm

Stow Parks & Recreation Department : Program Policy

Bus Trips are open to all ages.

Children under 18 must be accompanied by an adult.

Pre-registration is required & full payment is due upon registration. No Holds

No credits or refunds are issued within 7 days of a program or trip due to change in personal schedule, illness or schedule conflict.

Refund requests may be granted if made in writing at least seven days prior to a trip or program only if no expenses/ticket purchases have occurred.

A \$5 processing fee is applied to all refunds made seven days prior to program.

Individuals may always find a replacement for their reservation if unable to attend - Please inform the office of name change.

A full refund is given if the Stow Parks & Recreation Department must cancel a trip due to low enrollment or unforeseen circumstances.

Special Assistance: Please let us know at registration if wheelchair seating is required.

Bus departs - Stow City Hall 3760 Darrow Road unless otherwise noted.

Return times are approximate, please allow for additional time.

Trips include transportation and admissions (meals are not included unless noted).



Fieldcrest Estate - Sunday Brunch Buffet

North Canton



Made-to order food stations (Asian, Pasta, Waffle, and Omelet), a meat carving table, BBQ ribs, baked fish, baked chicken, fresh cooked veggies, mashed potatoes, mac & cheese, rice pilaf, shrimp cocktail, salad bar and desserts! Yum!!! Of course, we will check out the onsite gift shop too!

Date: Sunday, March 18

Fee: \$29.00 (Meal Included)

Depart: 9:30am **Return:**

Trinity Cathedral Concert - Cello Trio

Cleveland



The splendor of the Trinity Cathedral paired with the music of three cello players is a heavenly combination. Part of the Brown Bag Series - you are encouraged to bring your own lunch or purchase from the concession. Plus a later stop at the West Side Market.

Date: Weds., April 18 **Fee:** \$16.00

Depart: 11:00am **Return:** 4:00pm

Carousel Adventure

Mansfield



Tour the Carousel Works factory where artists still hand carve beautiful carousel horses and more. Visit an amazing working carousel to see their work in action... jump on board if you like! Lunch at City Grille (additional)

Date: Weds., May 30 **Fee:** \$24.00

Depart: 9:00am **Return:** 4:30pm

Firelands Wine & Dine

Sandusky



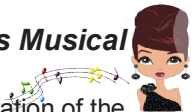
See first hand how wine is made with a view of the cellars, bottling room and warehouse. Experience an authentic working winery, taste a variety of the Firelands Winery products, browse the wine boutique and gift shop. Lunch on site is additional with a later stop at the delicious Toft's Ice Cream.

Date: Thurs., April 5 **Fee:** \$29.00

Depart: 9:00am **Return:** 5:00pm

Bee Hive - The 60's Musical

Hanna Theatre - Cleveland



A lively jukebox celebration of the women musicians who made the 60s truly memorable! Chart-toppers & Aqua Net-glistening coiffures in this groovy retro-revue highlights songs from the Supremes, Aretha Franklin, Janis Joplin & many more. Sing along & relive one of music's truly golden eras.

Date: Weds., May 16 **Fee:** \$30.00

Depart: 12:00pm **Return:** 4:30pm

Porthouse Theatre

Summer Musical Theatre



All Porthouse Trips

Depart: 1:00pm **Return:** 4:30pm

Fee: \$29 / Theatre trip

Anything Goes - Sun. June 24

A hilarious tale of a ship full of singing & dancing sailors, gangsters & showgirls.



Next To Normal - Sun. July 15

Winner of multiple Tony Awards & a Pulitzer Prize. A powerful musical story of a family's struggles as they navigate the ins & outs of bipolar disorder, grief, marriage & adolescence.

Oklahoma! - Sun. August 5

A spirited rivalry between local farmers & cowboys provides the backdrop for the romantic love story of Curly & Lauree as the new state is founded.



Stow Senior Adult Programs
March - April 2018
Stow Parks & Recreation Department
3760 Darrow Road Stow, OH 44224
330-689-5100
Website: www.FunInStow.com

PRE-SORTED
 STANDARD
 U.S. POSTAGE
 PAID
 CUYAHOGA FALLS, OH
 PERMIT NO. 501

Return Service Requested

Dated Material

Stow Senior Center

3968 Darrow Road (330) 686-1325

*Facility is open only during scheduled senior programs.

*Program Registrations are taken at:



Stow Parks & Recreation

3760 Darrow Road (Stow City Hall)
 Monday-Friday 8:00am - 4:00pm
 Program Info: 330-689-5100

Stow Senior Programs are coordinated by the Stow Parks & Recreation Department and are open to active Senior Adults 55+ Pick a program that interests you & jump in!



Call Stow Parks & Recreation Department at: 330-689-5100 to be added to the **Stow Senior Newsletter** mailing list. Additional program flyers and bus trips are posted on the **Stow Parks & Recreation website at: www.FunInStow.com** Look under: Senior Adult Programs

Upcoming Programs...

Wheel of Fortune
 March 29 pg. 2



Art Décor Workshop
 April 23 pg. 2



Pizza Party & Fun
 March 19 pg. 3



Program Cancellations



Don't delay in registering for a program or trip. Some programs fill quickly or minimum numbers must be met in order to hold an activity. If the Stow Parks & Recreation Department must cancel a program due to low numbers you will receive a full refund of program fees.

If you must cancel your registration due to any reason including illness, appointments or change of personal plans... If requested in writing at least 7 days prior to the program you will be granted a full credit (if no tickets/supplies have yet been purchased) or a refund by check less a \$5 processing fee.

Any cancellations within 7 days of the activity Do Not receive credit or refund. You may always allow someone to take your place in the program.