



Senior News

**Programs & Services
for Active Senior Adults**

Parks & Recreation Department

Program Registration Office: Stow City Hall
3760 Darrow Road Stow, OH 44224

Monday-Friday 8:00am - 4:30pm

330-689-5100



March / April 2017

Program Registration Begins:

Tuesday, February 28 at Stow City Hall



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Serving Active Senior Adults Program Information:

Stow Parks & Recreation Department Program Registration & Information

3760 Darrow Road - Stow City Hall
330-689-5100

Stow Senior Center

3968 Darrow Road 330-686-1325

Senior Adult Programs

Kathy McConnell, Recreation Supervisor
kmccconnell@stow.oh.us

www.FunInStow.com

Special Events: Spring 2017



Wheel of Fortune

L [] N C H [] [] N



Program Partner: Visiting Angels Living Assistance Services

This annual special event tests your puzzle solving skills! Spin the Wheel, buy a vowel or solve the puzzle. Prizes awarded to all puzzle solving contestants in our version of this popular game show! Contestants will be drawn from audience members who will compete at the Big Wheel for fun & prizes!

Menu: Rotisserie Chicken, Scalloped Potatoes, Green Beans, Red Velvet Cake and Beverage

Friday, March 10 12:30PM Silver Springs Lodge 5027 Stow Road
 Fee: \$9.00 Pre-Register - Limited Seating

Stow Parks & Recreation Dept. welcomes you to jump in and have fun! Senior programs are open to all active older adults. Some of our programs are drop in with no registration; but most require advance sign up. Don't delay many of our programs are quite popular and fill up fast.

Registration is taken at Stow City Hall Monday-Friday 8:00am-4:00pm

If you have questions please call us!

330-689-5100

Kathy McConnell

Recreation Supervisor
 City of Stow Parks & Recreation

Spring Clean Up Outdoor Chore Service

Stow Munroe Falls High School Student Council provide assistance with outdoor cleaning for senior adults living in Stow or Munroe Falls.



Program Requirements:

Stow / Munroe Falls residents only & 65+ years of age.

Work group: 3 students + adult supervisor for 1 hour per home.



Outdoor Service projects may include:

Flower Bed prep/clean up / Patio furniture moved / Flower pots filled or general outdoor clean up

Senior residents must provide all necessary cleaning supplies & tools; plus remain home during time of service. Limited number of homes completed.

Program Registration begins: Wednesday, March 15

Stow Parks & Recreation Department at Stow City Hall

Spring Clean Up Program Date: Tuesday, April 25

Choose: Morning 9:00am-11:00am or Afternoon 12:30am-2:30am



Paint Party Landscape & Lunch

Program Partner: Harbor Light Hospice

Everyone's an artist! Simply follow instructions for each brush stroke until you have created your own work of art in this popular class.

Instructor, Lauren Uber will guide you as you complete your painting stroke by stroke for an amazing result. The painting will be a landscape design. We will start off with a tasty lunch as you review instructions on how to best complete your landscape project.

Lunch Choice of Sandwich: Tarragon Chicken Salad, Veggie with Cream Cheese or Roast Beef plus chips, pickle and beverage.

You are guaranteed a great time with other would be artists as you enjoy seeing how everyone completes their version of the painting.

Fri., April 28 12:00pm Stow Senior Center

Fee: \$10.00 includes lunch Pre-Register - Limited Seating

Active Senior Adult Special Events & Programs

Spring Fling Dance



Program Partner: Stow Glen Retirement Village

Dance the night away or simply sit back and tap your toes to the sounds of live music. The ever popular *Gene Fiocca Band* will delight you with the music you love for a great night out!

Appetizers & beverages will also be served.

Get your tickets early - No Tickets sold at door
Beautiful new dance floor at Silver Springs Lodge

Friday, April 21 6:30pm - 9:30pm Fee: \$11.00
Silver Springs Lodge 5027 Stow Road
No Tickets Sold at Door

Pre-registration required at Stow Parks & Recreation

Make it & Take it Craft Project

Mini Fairy Garden



Program Partners: Home Instead Senior Care
Altercare of the Western Reserve - Stow

Construct your own personal tiny garden in a bowl! The latest in creative fun is the mini Fairy Garden. All supplies will be provided for you to craft this charming miniature delight. Choose from a variety of colored rocks, moss, tiny fences, miniature figurines of animals, mushrooms and more. Plants are all succulents that thrive in any environment.

Snacks & Beverages also provided!

Mon., April 24 10:00am Stow Senior Center
Fee: \$9.00 Pre-Register - Limited Seating



Off to the races... Kentucky Derby Luncheon

Program Partner: Altercare of the Western Reserve - Stow

Our celebration of the annual "Run for the Roses". Come celebrate Derby Day a bit early by placing your funny money bet at our version of the famous horse race for a chance at fun & prizes!

Wear your best Derby Hat to celebrate the day at Churchill Downs as we hear the call to the races and sing *My Old Kentucky Home!*

Lunch Menu: Traditional Kentucky Burgoo Stew, Roll, a slice of Derby Pie and Virgin Mint Juleps!

Friday, May 5 12:00pm Stow Senior Center
Fee: \$8.00 Pre-Register - Limited Seating

Breakfast Buddies



This senior group visits a local restaurant to enjoy good conversation and a tasty breakfast!

Meet the group leader at the restaurant then order & pay off menu.

Pre-registration is required
Please Call 330-689-5100 for a seat reservation.

Third Friday of Month 9:00am

March 17	Garrett's Mill	Stow
April 21	First Watch	Cuyahoga Falls
May 19	Eddie's	Stow

Travel Lunch Bunch



Join us as we travel out of town each month to a new restaurant. Never eat alone, worry about traffic, directions or finding a place to park!

Pay your bus fare at registration.
Order & pay off menu day of trip.

Departure Time 10:30am

from Stow City Hall Parking Lot
Park near center of lot

Bus Fare: \$10 / trip Limited Seating - Register Early!

Samantha's North Canton
Mon., March 20 or Weds., March 22

Das Schnitzel Haus Parma
Mon., April 10 or Weds., April 12

35° Brix Green
Mon., May 15 or Weds., May 17



Popcorn Movie Dinner & A Movie



Why sit home watching TV when you can view a recent movie + have dinner in the company of friends at the Stow Senior Center.

*Dinner is planned & prepared by Stow Munroe Falls High School Culinary Arts students from *Joshua's Café*. Dinner is Pot Luck
Call for title of movie at registration.

Mondays, March 20 & May 8 4:30 pm

Fee: \$7.00 includes dinner at Stow Senior Center
Pre-Registration is required.

Sports, Fitness & More Programs

On-Going Programs & Classes for Active Senior Adults

Mah Jongg Lessons



This popular rummy-like game is played with tiles rather than cards. Originating in China; Mah Jongg has become very popular in many parts of the U.S. Learn the principles of this social game in a relaxed format.

This 4 week class teaches the rules with ample opportunity to practice and play with others new to the game.

Mondays: March 6, 13, 20, 27
(4 weeks) 1:00pm - 3:00pm
Stow Senior Center
Instructor: Nancy Ellison
Fee: \$18 Pre-Register

At Stow Parks & Recreation
Department
All Adult Ages welcome!
Limited Enrollment

Spring Sports...

Look for Pickleball, Biking Group, Hiking Group beginning in May!



Brain Fitness Games & Puzzles

Program Partner:
Stow Glen Retirement Village

First & Third Thursdays
1:00pm
Drop In Stow Senior Center
No Fee

Emphasis is always on Fun!
Join this entertaining and thought provoking workout to maintain your brain! Those who engage in stimulating mental activities and social interaction benefit in retaining mental cognition plus enjoy a healthy outlook on life!

First Thursdays - Puzzle Play with Bob Pontius - Stow Glen Retirement Village
Third Thursdays - Game Play with Kathy McConnell - Stow Parks & Recreation



Sr. Cardio Circuit

Tuesdays / 9:15am Judy Watkins

Aerobic intervals designed to burn fat are alternated with the use of weight/bands in order to sculpt and strengthen. This is a proven combination to sculpt & strengthen. Classes are designed to fit the beginner to the advanced student.

Individuals new to fitness programs are encouraged to come and observe a class at no cost.

Seated Yoga

Tuesdays 10:15 am Judy Watkins

Yoga exercises while seated in chair - no floor work.
Increase strength and flexibility.

Senior Fitness Classes Held at
Stow Senior Center

Sr. Fitness Class Fees:

Purchase an Exercise Punch Card:

\$10.00 for 8 classes or \$2/class

or Current Silver Sneakers Members May participate at No Cost w/ ID

Senior Yoga Stretch

Thursdays 9:15am Anne Sarafian

Yoga like exercises to increase your mobility, strength and balance. Exercise while seated or standing near chair - no floor work.

Strength & Tone

Thursdays 10:15am Anne Sarafian

Use of small hand weights & tubing as you work out to music. Designed to promote muscle strength, increase flexibility, balance & range of motion both seated or standing.

All exercise classes are very friendly and social.

Indoor Walking

Enjoy the healthy benefit of walking without the worry of weather!



Thank you to our friends at:

Fishcreek First Church of Nazarene
4669 Fishcreek Road

Monday-Thursday 9:00am-11:30am

Senior Bowling

Thursdays 9:30am

Sto Kent Entertainment Center
3870 Fishcreek Rd Stow
330-673-1718

Fee: \$7.00 / 3 games

New Players & Subs Welcome

League Coordinator: Jack Garner

Beginner Line Dancing

Beginner's Line Dancing is a great way to exercise, build a better memory and have an enjoyable social time. Join instructor, Linda Christian as she shows you "step-by-step" how to line dance in this fun class.

Learn the Electric Slide, Stray Cat Strut, Cab Driver and many more engaging dance routines. Wear shoes that will slide well on a wooden floor.

Thursdays 3:30pm - 4:30pm

Stow Senior Center

\$3.00 per class paid to instructor
(correct change please)

Recreation Programs & Health Services

On-Going Programs & Classes for Active Senior Adults 60+

Let's Talk...

Friendly Visitors



A Friendly Visiting Group who stop in at local Assisted Living facilities once a month to initiate a group conversation on a variety of topics! Share memories and smiles with individuals living in senior assistance facilities.

**Third Thursday 1:00pm
Group Planning Meeting**

New Members Always Welcome!
Contact Stow Parks & Recreation

Health Screenings

No Appointment Required - No Fee
at Stow Senior Center
**Second Thursday of each month
12:00pm - 1:00pm**

Blood Pressure & Glucose Screens

No fasting required. Finger stick
Sponsored by Our Friends at:
Stow Glen Retirement Village



Foot & Nail Care

Everyday Divinity Foot Care

**Mon., March 13 9:00am-2:00pm
Stow Senior Center**



Toenail trimming & filing
+ callus reduction performed
by a Certified Foot Care Nurse.
An assessment of the lower legs
& feet will be done as well.

Individual Foot Care Sessions
are \$28.00 check or cash only.

Please call: Jen Vanek, RN BSN,
CFCN, owner/operator of EDNEO, LLC
to schedule an appointment call:
(216) 956-0293
Home visits are also available.

Dominoes Mexican Train



Come learn to play.
Enjoy good company!

Second & Fourth Tuesdays
of each month 12:30 pm
Drop In / No Fee

Senior Bingo

at Stow Senior Center



Second & Fourth Thursdays
of each month Games begin at 1 pm
\$1 / (3 card) packet for all 10 games
All money taken in is
paid out as prizes

Stow Blanketeers

A volunteer group which
creates & donates blankets
to local charities.

Open to all who enjoy knitting,
sewing or crocheting or those
who would like to learn!
Donations of Yarn appreciated!
Contact: Margrit 330-677-5511



Oregon Trails Lodge

2913 Graham Rd

Second & Fourth Wednesdays
1:00 pm - 3:30pm

Hearing Health



Ascent Audiology & Hearing
Mon., April 17

10:00am - 12:00pm appts.
at Stow Senior Center

Christopher Witten AuD, CCC-A,
a local licensed audiologist, will
meet with you individually for
questions and screen you for
any hearing related concerns.
Plus if needed, removal of wax
build up and inspection and
cleaning of hearing aids.

No Fee - **Appointment required**
by calling: *Ascent Audiology*
330-688-1172



Mah Jongg

First & Third Tuesdays

Game play start: 12:30pm
Stow Senior Center

Drop in play for individuals
familiar with the game. - No Fee

Senior Cards

Wednesdays 11:00am - 4:00pm

*Euchre / Crown 5 / 500 /
Spite & Malice / Poker /
Phase 10 / Pinochle & more!*

Open to all Senior Adults



Evening Cards

First Monday of Month Unless Holiday

6:30pm - 9:30 pm

March 6 & April 3

Stow Senior Center

3968 Darrow Rd

A variety of card games are played
No Fee - Drop in!

Chair Massage

with Sue Petrof, LMT
Licensed Massage Therapist

Massage is credited with
reducing pain and allowing
deep relaxation.

A chair massage focuses
on the neck, shoulders
and back only
while fully clothed.



Make an appointment
\$15 for a 15 minute
chair massage
No need to kneel on knees.

Second Friday of Month:

(March 10 & April 14)

10:30am -12:30pm by Appt.
at the Stow Senior Center

For Appointments Call:

Sue Petrof, LMT 330-414-8882



Bring this Ad in for \$2.50 Off Admission

911 Graham Rd. Ste. 27
Stow • 330-928-7517
cafeoplay.com

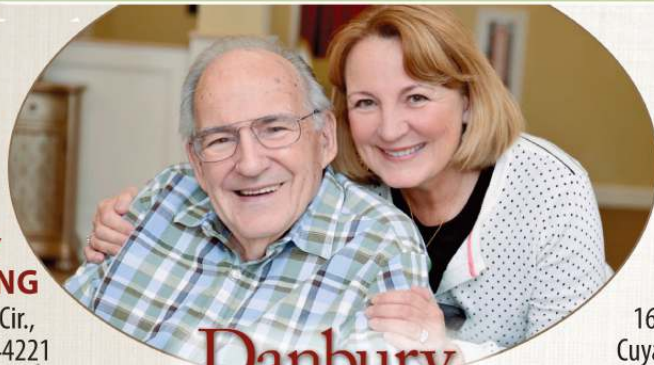


- Grocery shopping
- Prescription pickup
- Personal shopping

234-525-8611
partnersintimestow@gmail.com

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Stow, OH 44224

Office: 330-689-0700 • Cell: 330-388-7721

Email: whitetina388@gmail.com
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AARP Driver Safety Program



Cars have changed. So have traffic rules, driving conditions and the roads you travel every day. Learn techniques on how you can safely operate your vehicle in an increasingly challenging environment. Plus many insurance companies will give a discount with completion of course. *Video instruction & discussion only.* Pre-Register Limited Seating

Friday, March 3 9:00am-1:00pm

Fee: AARP members \$15 Non-Members \$20

Payment at class with Check to AARP Call Stow Parks & Recreation to register

Stow Senior Citizen Commission



Members appointed by the Mayor, advise the city administration on concerns or issues that affect the everyday lives of Stow senior citizens.

**Next Meeting: Stow Senior Center
Tues, May 16 7:00pm**
Tammy Denton, Chairperson

If you have an issue / idea on city policies, practices or infrastructure that you feel would benefit the lives of senior adults. seniorcommission@stow.oh.us

Care & Share




A volunteer craft group who assist local organizations through the creation of stuffed dolls and other handicrafts. New material donations accepted

Meet the Last Monday of the following months:

January - April
August - October
1:00 pm - 3:00pm

Stow Senior Center
3968 Darrow Road

Senior Services Assistance Ask a Social Worker

Many individuals and families struggle with questions about social service needs or concerns due to lifestyle changes as they age. 

The Stow Senior Center has partnered with **Arbors at Stow** to provide access to a licensed Social Worker to answer your concerns or direct you to available local or county services.

Questions on: In Home Services / Medicare / Home Delivered Meals / Respite/Hospice Care / Utility Assistance & other topics of concern.

Contact: Tracey Cugini
Arbors of Stow 330-688-1188
2910 L'Ermitage Place Stow

Notary Services

No Appointment Required - No Fee

**Monday - Friday 8:00am - 4:00pm
at Stow City Hall**

Bring all documents & a legal form of identification to have your documents notarized.



The Stow Sunshiners

are an active social group of senior adults who invite you to become a member of their group. Enjoy a monthly catered luncheon with entertainment and good fellowship! Stow Sunshiner's President: Robbie Robinson

Monthly Luncheon

is held the 1st Monday of Month (*Holiday, 2nd Mon.) at Cedar Hall of the Stow Glen Retirement Village 4285 Kent Road Stow (Parking Cedar Hall & Birch Hall areas)

Sunshiner Membership Information: Must be a resident of Stow or a contiguous city & have attended two luncheons.

Pay Annual Membership fee of \$5.00 Member Fee is used for Monthly Luncheon speakers & entertainment.

Stow Sunshiner Membership & Luncheon Reservations/Ticket Information:

Pre-reservation with payment is required Luncheon COST: \$8.00 to Stow Sunshiners

Mail payment to: 4836 Algonquin Trail, Stow 44224 c/o Marlene Holderman 330-686-1632



Monday, March 6 - 12:00pm

Menu: Corned Beef with Carrots & Cabbage, Irish Potatoes, Green Beans and Irish Soda Bread + Dessert & Beverage

Speaker: Area Agency on Aging Leslie Taylor

Monday, April 3 - 12:00pm

Menu: Oven Fried Chicken, Mashed Potatoes with Gravy, Baked Biscuit, Creamy Coleslaw + Dessert & Beverage

Entertainment: Eileen & Friends Singers

Birthday Wishes: If you wish to be eligible for a Birthday gift at the Stow Sunshiners' Monthly Luncheon

- Follow these steps - * Sunshiner Membership dues are currently paid. \$5.00 yearly membership fee

* Place Your Name at the bottom of the previous month's attendance sheet or

* Call: John Gretsinger 330-688-0052 the Month Prior to Your Birthday month. *No reservations accepted luncheon day.

Thank You to our Sunshiner Luncheon Birthday Gift Sponsors:

- Baumann's Florist
- Bellacino's
- Braidly Jewelers
- Café in Stow
- Isaly's II
- McDonald's Norton Road
- Oregon Corners Florist
- Red Lobster
- Rockne's - Stow
- Silver Lake Florist
- Stow Cone
- Stow-Glen Retirement Village
- Stow Nut Donut Diner

Sunshine Lady





The Stow SUNSHINERS want to cheer, lend comfort & support to other Sunshiner members in need. Please contact Ellie Smith 330-688-7938 to inform her when a Stow Sunshiner member is ill or has suffered a loss.

Stow Seniors Activity Calendar

Stow Parks & Recreation Department 330-689-5100

March 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 11:00am Cards	2 9:15am Yoga Stretch 9:30am Bowling@SKB 10:15am Sr Strength 1:00pm Brain Games 3:30pm Line Dance	3 9:00am AARP Driver Safety Program	4
5	6 12pm Sunshiner Luncheon @ Stow Glen Retirement Village 1pm Mah Jongg Lessons 6:30pm Evening Cards	7 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Mah Jongg	8 11:00am Cards 1:00pm Blanketeers	9 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 12pm Health Screens 1:00pm Bingo 3:30pm Line Dance	10 10:30am Chair Massage By Appointment 12:30pm Wheel of Fortune Luncheon	11
12	13 9am Bus: History of White House 1pm Mah Jongg Lessons Foot Care Clinic By Appointment	14 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Dominoes	15 Registration Begins: Spring Clean Up 11:00am Cards	16 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Brain Games 3:30pm Line Dance	17 9:00am Bfast Buddies	18
19	20 10:30am Lunch Bunch 1pm Mah Jongg Lessons 4:30pm  Popcorn Movie	21 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Mah Jongg	22 10:30am Lunch Bunch 11:00am Cards 1:00pm Blanketeers	23 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Bingo 3:30pm Line Dance	24	25
26	27 10:30am Bus Great Lakes Brewery 1pm Mah Jongg Lessons 1:00pm Care & Share	28 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Dominoes	29 11:00am Cards	30 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 3:30pm Line Dance	31	

Most Programs are held at Stow Senior Center at 3968 Darrow Road
 - Program Registrations are taken at Stow City Hall - Stow Parks & Recreation Department 3760 Darrow Road
 *SSL = Silver Springs Lodge 5027 Stow Rd *Bus Trips & Lunch Bunch Depart: Stow City Hall parking lot 3760 Darrow Rd
 *OT = Oregon Trails 2913 Graham Rd *HB = Heritage Barn 5238 Young Rd
 *SGRV = Stow Glen Retirement Village 4285 Kent Rd
 *SKB Sto-Kent *SKB Stow Kent Entertainment Bowling Lanes Fishcreek Rd

Stow Seniors Activity Calendar

Stow Parks & Recreation Department 330-689-5100

April 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	<p>3</p> <p>12:00pm Sunshiner Lunch @ Stow Glen Retirement Village</p> <p>6:30pm Evening Cards</p>	<p>4</p> <p>8:30am Bus Mansfield Reformatory 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Mah Jongg</p>	<p>5</p> <p>11:00am Cards</p>	<p>6</p> <p>9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Brain Games 3:30pm Line Dance</p>	<p>7</p>	<p>8</p>
9	<p>10</p> <p>10:30am Lunch Bunch</p>	<p>11</p> <p>Bob Evans Hudson Dr Sunshiner Fundraiser</p> <p>9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Dominoes</p>	<p>12</p> <p>10:30am Lunch Bunch</p> <p>11:00am Cards</p> <p>1:00pm Blanketeers @OT</p>	<p>13</p> <p>9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 12pm Health Screens 1:00pm Bingo 3:30pm Line Dance</p>	<p>14</p> <p>10:30am Chair Massage By Appointment</p>	<p>15</p>
16	<p>17</p> <p>Hearing Screens By Appointment</p>	<p>18</p> <p>9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Mah Jongg</p>	<p>19</p> <p>11:00am Cards</p>	<p>20</p> <p>9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Brain Games 3:30pm Line Dance</p>	<p>21</p> <p>9:00am Bfast Buddies</p> <p>6:30pm Spring Fling Dance @SSL</p>	<p>22</p>
23/30	<p>24</p> <p>10:00am Mini Fairy Gardens</p> <p>1:00pm Care & Share</p>	<p>25</p> <p>Spring Clean Up AM & PM</p> <p>9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Dominoes</p>	<p>26</p> <p>11:00am Cards</p> <p>1:00pm Blanketeers @OT</p>	<p>27</p> <p>8:30am Bus Mabel Hartzell House 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Bingo 3:30pm Line Dance</p>	<p>28</p> <p>12:00pm Painting Party & Luncheon</p>	<p>29</p>

Upcoming May Event: Kentucky Derby Luncheon Fri., May 5



Most Programs are held at Stow Senior Center at 3968 Darrow Road

- Program Registrations are taken at Stow City Hall - Stow Parks & Recreation Department 3760 Darrow Road

*SSL = Silver Springs Lodge 5027 Stow Rd

*Bus Trips & Lunch Bunch: Stow City Hall parking lot 3760 Darrow Rd

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*HB = Heritage Barn 5238 Young Rd

*SGRV = Stow Glen Retirement Village 4285 Kent Rd

*SKB Sto-Kent *SKB Stow Kent Entertainment Bowling Lanes Fishcreek Rd



Tea with the Curator The History of the White House

McKinley Museum Curator, Kim Kenney, will share the history of the most popular historic home in America! Learn of the design and major restorations of the White House featuring an in-depth look at the rooms with images from the archives.

A box lunch is included with choice of Ham & Cheese / Turkey & Cheese / or Veggie Sandwich, Chips, Cookie & Beverage. Time will also be allotted to explore the museum & planetarium.

Date: Mon., March 13 **Fee** \$37.00
Depart: 9:00am **Return:** 4:00pm

Mabel Hartzell Historic Home & Spread Eagle Tavern Tours



Alliance/ Hanover

The Mabel Hartzell Home, built in 1867 displays how the upper class lived during the turn of the century. Discover Miss Hartzell's remarkable life in this intriguing tour. (stairs) Lunch at the historic Spread Eagle Tavern (additional) with a tour of the tavern after lunch will reveal the beauty & colorful history.

Date: Thurs., April 27 **Fee** \$24.00
Depart: 8:30am **Return:** 4:00pm

Great Lakes Brewery + Crop Bistro



Cleveland
Journey through this popular brewery's production facility as you learn how the brewing process is accomplished plus learn of Cleveland's rich history all while enjoying a cold brew. (stairs, walking) Lunch at the upscale Crop Bistro, (additional) located in a spectacular old bank building. A last stop at the West Side Market for local fresh food.

Date: Mon., March 27 **Fee** \$21.00
Depart: 10:30am **Return:** 4:30pm

Hoover Historical Center



North Canton

The Hoover Historical Center is the Victorian boyhood home of the Hoover Vacuum Company founder. A guided tour of the 1840's home that will highlight the period décor and a chronological display of vacuum cleaners that will sweep off your feet! Lunch at Burntwood Tavern at Belden Village (additional) plus a shop stop at Donzell's Garden Center.

Date: Tues., May 2 **Fee** \$18.00
Depart: 9:00am **Return:** 3:30pm

Mansfield Reformatory History Tour



Explore the past through this unique tour, taking guests on a journey through the historical timeline of this remarkable prison. (Many stairs) Also glimpse the movie locations of films including Shawshank Redemption and more. Lunch at Cheddars additional - Plus a stop at the Eatmor Bundt Co. for a free pastry.

Date: Tues., April 4 **Fee** \$32.00
Depart: 8:30am **Return:** 4:00pm



Something Rotten!

Playhouse Square Cleveland

A Broadway Smash Hit! Set in 1595, this hilarious smash tells the story of Nick & Nigel Bottom, two brothers who are desperate to write a hit play. When a local soothsayer foretells that the future of theatre involves singing, dancing and acting at the same time, the brothers set out to write the very first MUSICAL! Laugh out loud funny!

Date: Sat., May 13 **Fee** \$71.00
Depart: 12:00pm **Return:** 4:30pm

Porthouse Theatre

Summer Musical Theatre



All Porthouse Trips
Depart: 1:00pm **Return:** 4:30pm

Fee: \$29 / Theatre trip

9 to 5 - Sun. June 25

Three female co-workers craft a comical plan to get even with their sexist boss.

Ain't Misbehavin' Sun., July 16

A sassy, sultry musical that celebrates the life of legendary jazz musician Fats Waller. Great music!

Newsies Sun. August 13

Newsboys fight for the dream of a better life in turn of the century New York City.



Program / Refund Policy: Stow Parks & Recreation Department

Bus Trips are open to all ages.

Children under 18 must be accompanied by an adult.

Pre-registration is required & full payment is due upon registration. No Holds

No credits or refunds are issued within 7 days of a program or trip due to change in personal schedule, illness or schedule conflict.

Refund requests may be granted if made in writing at least seven days prior to a trip or program only if no expenses/ticket purchases have occurred.

A \$5 processing fee is applied to all refunds made seven days prior to program.

Individuals may always find a replacement for their reservation if unable to attend - Please inform the office of name change.

A full refund is given if the Stow Parks & Recreation Department must cancel a trip due to low enrollment or unforeseen circumstances.

Special Assistance: Please let us know at registration if wheelchair seating is required.

Bus departs - Stow City Hall 3760 Darrow Road unless otherwise noted.

Return times are approximate, please allow for additional time.

Trips include transportation and admissions (meals are not included unless noted).






Stow Senior Adult Programs
March - April 2017
Stow Parks & Recreation Department
3760 Darrow Road Stow, OH 44224
330-689-5100
Website: www.FuninStow.com

PRE-SORTED
 STANDARD
 U.S. POSTAGE
 PAID
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 PERMIT NO. 501

Return Service Requested

Dated Material

Program Cancellations

 Don't delay in registering for a program or trip. Some programs fill quickly or minimum numbers must be met in order to hold an activity. If the Stow Parks & Recreation Department must cancel a program due to low numbers you will receive a full refund of program fees. If you must cancel your registration due to any reason including illness, appointments or change of personal plans... If requested in writing at least 7 days prior to the program you will be granted a full credit (only if no tickets/supplies have yet been purchased) or a refund by check less a \$5 processing fee. Any cancellations within 7 days of the activity Do Not receive credit or refund. You may always allow someone to take your place in the program.

Stow Senior Programs are coordinated by the Stow Parks & Recreation Department and are open to active Senior Adults 55+ and are open to active Senior Adults 55+ Pick a program that interests you & jump in!

Call Stow Parks & Recreation Department at: 330-689-5100 to be added to the **Stow Senior Newsletter** mailing list. Additional program flyers and bus trips are posted on the **Stow Parks & Recreation website at: www.FuninStow.com** Look under: Senior Adult Programs




Upcoming Programs

 **Wheel of Fortune Luncheon** pg.2
 Friday, March 10

Spring Fling Dance pg. 3
 Friday, April 21

Paint Party pg. 2
 Friday, April 28

Stow Senior Center
 3968 Darrow Road (330) 686-1325
 *Facility is open only during scheduled senior programs 
 *Program Registrations are taken at:
Stow Parks & Recreation
 3760 Darrow Road (Stow City Hall)
 Monday-Friday 8:00am - 4:00pm
 Program Info: 330-689-5100