Senior News

Programs & Services for Active Senior Adults

Parks & Recreation Department

Program Registration Office: Stow City Hall 3760 Darrow Road Stow, OH 44224 Monday-Friday 8:00am - 4:30pm 330-689-5100



September -October 2017

Program Registration Begins:

Tuesday, August 29 at Stow City Hall

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Serving Active Senior Adults

Program Information:

Stow Parks & Recreation Department Program Registration & Information 3760 Darrow Road - Stow City Hall 330-689-5100

Stow Senior Center

3968 Darrow Road 330-686-1325

Senior Adult Programs

Kathy McConnell, Recreation Supervisor kmcconnell@stow.oh.us

www.FunInStow.com



Fun in

Stow Parks & Recreation Dept. welcomes you to jump in and have fun! Senior programs are open to all active older adults. Some of our programs are drop in with no registration; but most require advance sign up. Don't delay many of our programs are quite popular and fill up fast.

Registration is taken at Stow City Hall Monday-Friday 8:00am-4:00pm If you have questions please call the Stow Parks & Recreation Department 330-689-5100

Kathy McConnell Recreation Supervisor City of Stow Parks & Recreation



Special Events: Summer 2017



Digital Photo Workshop

Instructor: Mitch Crawford

Photo's capture your life memories. Digital photography has made it so much easier to take great photos, but sometimes all the bells and whistles get a bit confusing.

Have all your questions answered by Mr. Mitch Crawford. Simple techniques on how to use your digital camera or camera on your phone plus learn photo composition, what the various camera modes are and what they mean. Learn how to download your photos to print them at home or at the store. Ask your individual questions too!

Friday, September 15 10:00am Stow Senior Center No fee - Call to Pre-register. Limited Seating



Price is Right Luncheon

Program Partner: Visiting Angels Living Assistance Services

Come on Down!... You are the next contestant for fun and prizes! Enjoy an afternoon of game show hilarity as we present our version of this popular game show. Contestants are selected from the audience for their chance to win a prize. Games: Plinko /Hi Lo /3 Strikes /Cliff Hanger & More!

Menu: Pizza, Penne Pasta, Wings, Breadsticks & Beverage

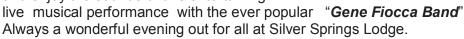
Friday, September 22 12:00pm

Silver Springs Lodge 5027 Stow Road Fee: \$9.00 Pre-Register at Stow Parks & Recreation Department Limited Seating - Register Early!

Fall Fling Dance

Program Partner: Stow Glen Retirement Village

Dance the night away or simply sit back and enjoy the sounds of this entertaining



Great music, dancing + appetizers & beverages.

Friday, October 13 6:30pm - 9:30pm Silver Springs Lodge - Open to All Adult Ages

Fee: \$11 / person (Pre-sale Only - No tickets at door) Pre-Register at Stow Parks & Recreation Department at Stow City Hall



Active Senior Adult Special Events & Programs



Lots of Locks

Ohio & Erie Canal Story

Program Presenter: Summit County Historical Society

The story of the Ohio & Erie Canal shaped Ohio and continues to impact this area today. Relive the excitement of the old canal days with a photographic presentation of the history of the canal from the opening in 1825 to the fateful end with the Great Flood of 1913. Learn how the canals were built, life on a canal boat and more of this colorful time in Ohio history.

Canal Coffee, Tea, Canal Mud Treats!

Friday, October 6 1:30pm
Stow Senior Center Fee: \$3.00
Pre-Register at Stow Parks & Recreation Department
Limited Seating - Register Early

Pallet Sign Painting Workshop

Program Partner:
Altercare of the Western Reserve /
Harbor Light Hospice / Home Instead /
Gables of Hudson / Attentive Home Health Care

What is a Pallet Sign Painting Class?
A fun & easy art experience that will allow you to create an eye-catching custom rustic sign!
Get on Board... and join this easy and entertaining workshop where you will be guided through the



process to complete your own customized sign for your home or to give as a gift.

Choose your own stain and paint colors then have fun distressing and assembling the sign while enjoying the evening with friends!

Choose either the:

Last Name/Initial Sign or the Simply Blessed sign.

Monday, October 16 10:00am

Stow Senior Center Fee: \$15.00

Pre-Register at Stow Parks & Recreation Department Limited Seating - Enroll with friend or come on your own!

Breakfast Buddies

This senior group visits a local restaurant to enjoy good conversation and a tasty breakfast!

Meet the group leader at the restaurant then order & pay off menu.

Pre-registration is required Please Call 330-689-5100 for a seat reservation.

Third Friday of Month 9:00am

September 15 Tip Top Stow
October 20 Your's Truly Hudson
November 17 Isaly's Stow

Travel Lunch/Dinner Bunch

Join us as we travel out of town each month to a new restaurant.

Never eat alone, worry about traffic, directions or finding a place to park!

Pay your bus fare at registration. Order & pay off menu day of trip.

<u>Departure Time Lunch: 10:30am</u> from Stow City Hall Parking Lot

Park near center of lot

Bus Fare: \$10 / trip Limited Seating - Register Early!

Courtyard Café Brecksville
Mon., September 18 Or Weds., September 20

Moxie Beechwood Mon., October 23 Or Weds., October 25

Oak & Embers Twinsburg
Mon., November 13 Or Weds., November 15



Popcorn Movie Dinner & A Movie

Why sit home watching TV when you can view a recent movie + have dinner in the company of friends at the Stow Senior Center.

Pot Luck Dinner prepared by the Culinary Arts Students at Stow Munroe Falls High School

Call Stow Parks & Recreation for title of movie at registration.

Monday, September 25 4:30 pm

Fee: \$7.00 includes dinner at Stow Senior Center Pre-Registration is required.

Sports, Fitness & More Programs

On-Going Programs & Classes for Active Senior Adults

Pickleball

Fastest Growing Sport in the Na on! Silver Springs Park - 5027 Stow Rd Our Tennis Courts have Pickleball lines! Easy to learn & addictively fun. Pickleball combines the elements of tennis, badminton & ping pong!

The rules are easy to learn in a short time.

Pickleball is a fast-paced, competitive yet social game that is played with a paddle and a plastic ball on a court half the size of a tennis court.

Active Senior Adult & Adult Play Only.

Tuesdays & Thursdays 6pm - 8pm Through October 31

(\$10 fee paid at court for a seasonal player card - (Correct Change please)

Beginners are asked to attend Thursdays at 6:00pm for an overview of the rules.

Equipment available at first time to learn the sport, players then provide their own paddle for future play.



Sr. Cardio Circuit

Tuesdays / 9:15am Mya McClain 🕰

Aerobic intervals designed to burn fat are alternated with the use of weight/bands in order to sculpt and strengthen. This is a proven combination to sculpt & strengthen. Classes are designed to fit the beginner to the advanced student.

Individuals new to fitness programs are encouraged to come and observe a class at no cost.

Seated Yoga

Tuesdays 10:15 am Mya Burroughs Yoga exercises while seated in chair - no floor work. Increase strength and flexibility. Senior Fitness Classes Held at Stow Senior Center

Sr. Fitness Class Fees:

Silver Sneakers Members may participate at No Cost w/ Health Card Non-Silver Sneakers members may purchase a punch card \$10 for 5 classes

Senior Yoga Stretch

Thursdays 9:15am Anne Sarafian Yoga like exercises to increase

Yoga like exercises to increase your mobility, strength and balance. Exercise while seated or standing near chair - no floor work.

Strength & Tone

Thursdays 10:15am Anne Sarafian Use of small hand weights & tubing as you work out to music. Designed to promote muscle strength, increase flexibility, balance & range of motion both seated or standing.

All exercise classes are very friendly and social.



Active Senior Adults & Friends

Thursdays Mornings thru October
Depart 9:15am
Volunteer Leader: Bill Dunn
Stow City Hall Parking Lot:

A Biking Group Open to All Adult Ages Stow Slow Roller ride to exercise & enjoy the outdoors in a non-competitive social setting on local bike trails.

Rides are weather permitting

Rides often end in a different lunch destination that you may choose to stay and enjoy.

A ride schedule outlining the trails and mileage is available with additional details at Stow Parks & Recreation Department - Stow City Hall

Indoor Walking

Enjoy the healthy benefit of walking without the worry of weather!
Thank you to our friends at:
Fishcreek First Church of Nazarene
4669 Fishcreek Road
Monday-Thursday 9:00am-11:30am

Senior Bowling League Play Thursdays 9:30am

Sto Kent Entertainment Center 3870 Fishcreek Rd Stow 330-673-1718

Fee: \$7.00 / 3 games

New Players & Subs Welcome League Coordinator: Jack Garner

League Play begins in early September

Beginner Line Dancing

Beginner's Line Dancing is a great way to exercise, build a better memory and have an enjoyable social time. Join instructor, Nanette Wroe as she shows you "step-by-step" how to line dance in this fun class.

Learn the Electric Slide, Stray Cat Strut, Cab Driver and many more engaging beginning level dance routines.

Drop In Classes Beginning September 12

Tuesdays, 3:00pm

\$3.00 per class paid to instructor (correct change please)

Recreation Programs & Health Services

On-Going Programs & Classes for Active Senior Adults



First & Third Thursdays 1:00pm No Fee Drop In Stow Senior Center

Emphasis is always on Fun! Join this entertaining and thought provoking workout to maintain your brain! Those who engage in stimulating mental activities and social interaction benefit in retaining mental cognition plus enjoy a healthy outlook on life!

First Thursdays - Puzzle Play with Bob Pontius

- Stow Glen Retirement Village

Third Thursdays - Game Play with Susan Dietz

- Brookdale Senior Living Solutions

Dominoes Mexican Train
Come learn to play.
Enjoy good company!

Second & Fourth Tuesdays of each month 12:30 pm Drop In / No Fee

Senior Bingo

at Stow Senior Center

Second & Fourth Thursdays
of each month Games begin at 1 pm
\$1 /(3 card) packet for all 10 games
All money taken in is
paid out as prizes



Game play start: 12:30pm Stow Senior Center Drop in play for individuals familiar with the game. - No Fee

Senior Cards
Wednesdays 11:00am - 4:00pm

Euchre / Crown 5 / 500 / Spite & Malice / Poker / Phase 10 / Pinochle & more!

> Stow Senior Center Open to all Senior Adults A Nominal Drop In fee covers the price of snacks/beverages

Health Screenings

No Appointment Required - No Fee at Stow Senior Center

Second Thursday of each month

12:00pm - 1:00pm

Blood Pressure & Glucose Screens
No fasting required. Finger stick

Sponsored by Our Friends at: Stow Glen Retirement Village

Stow Blanketeers

A volunteer group which creates & donates blankets to local charities.

Open to all who enjoy knitting, sewing or crocheting or those who would like to learn!

Donations of Yarn appreciated!

Contact: Margrit 330-677-5511

Oregon Trails Lodge Second & Fourth Wednesdays

2913 Graham Rd 1:00 pm - 3:30pm

Foot & Nail Care

Everyday Divinity Foot Care

Mon., September 11 9:00am-1:00pm by appointment only

Toenail trimming & filing + callus reduction performed by a Certified Foot Care Nurse. An assessment of the lower legs & feet will be done as well.

Individual Foot Care Sessions are \$28.00 check or cash only.

Please call: Jen Vanek, RN BSN, CFCN, owner/operator of EDNEO, LLC to schedule an appointment call: (216) 956-0293

Home visits are also available.

Hearing Health

Ascent Audiology & Hearing
Mon., October 16
10:00am - 12:00pm appointments
at Stow Senior Center

Christopher Witten AuD, CCC-A, a local licensed audiologist, will meet with you individually for questions and screen you for any hearing related concerns. Plus if needed, removal of wax build up and inspection and cleaning of hearing aids.

No Fee - **Appointment required** by calling: *Ascent Audiology* 330-688-1172

Chair Massage

with Sue Petrof, LMT Licensed Massage Therapist

Massage is credited with reducing pain and allowing deep relaxation.

A chair massage focuses on the neck, shoulders and back only while fully clothed.

Make an appointment \$15 for a 15 minute chair massage No need to kneel on knees.

Second Friday of Month:

(September 8 & October 13) 10:30am -12:30pm by Appt. at the Stow Senior Center

For Appointments Call: Sue Petrof, LMT 330-414-8882

Stow Sunset Blast

Stow's Community Party to Say So-Long to Summer

Saturday, September 2 & Sunday, September 3 3:00pm-10:00pm - No entrance fee - All Ages

Silver Springs Park - Young Road Entrance



Food, Fun, Music & More
+ Fireworks (Sunday night)

Ce

Stow Senior Citizen Commission

Members appointed by the Mayor, advise the city administration on concerns or issues that affect the everyday lives of Stow senior citizens.

Next Meeting: Stow Senior Center Tues, November 21 7:00pm

Tammy Denton, Chairperson

If you have an issue / idea on city policies, practices or infrastructure that you feel would benefit the lives of senior adults. seniorcommission@stow.oh.us

Care & Share

A volunteer craft group who assist local organizations through the creation of stuffed dolls and other handicrafts.

New material donations accepted

Meet the Last Monday of the following months: January - April August - October 1:00 pm - 3:00pm

Stow Senior Center 3968 Darrow Road

Senior Services Assistance Ask a Social Worker

Many individuals and families struggle with questions about social service needs or concerns due to lifestyle changes as they age.

The Stow Senior Center has partnered with *Arbors at Stow* to provide access to a licensed Social Worker to answer your concerns or direct you to available local or county services.

Questions on: In Home Services / Medicare /Home Delivered Meals / Respite/Hospice Care / Utility Assistance & other topics of concern.

Contact: Tracey Cugini Arbors of Stow 330-688-1188 2910 L'Ermitage Place Stow

Notary Services

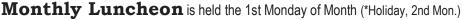
No Appointment Required - No Fee

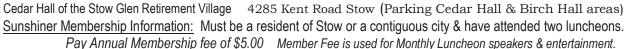
Monday - Friday 8:00am - 4:00pm at Stow City Hall

Bring all documents & a legal form of identification to have your documents notarized.



The Stow Sunshiners are an active social group of senior adults who invite you to become a member of their group. Enjoy a monthly catered luncheon with entertainment and good fellowship! Stow Sunshiner's President: Robbie Robinson





Stow Sunshiner Membership & **Luncheon Reservations/Ticket Information:** Pre-reservation with payment is required Luncheon COST: \$8.00 to Stow Sunshiners

Mail payment to: 4836 Algonquin Trail, Stow 44224 c/o Marlene Holderman 330-686-1632

Monday, September 11 - 12:00pm

Menu: Chicken Corden Bleu, Egg Noodles,

Roasted Asparagus, Corn Bread, Dessert & Beverage

Speaker: "After The Fire" Stow Fire Department

Monday, October 2 - 12:00pm

Menu: Beef Bratwurst with Brown Mustard, Mashed Potatoes, Sauerkraut with Apples + Dessert & Beverage

Entertainment: To Be Determined

Birthday Wishes: If you wish to be eligible for a Birthday gift at the Stow Sunshiners' Monthly Luncheon

- Follow these steps * Sunshiner Membership dues are currently paid. \$5.00 yearly membership fee
- * Place Your Name at the bottom of the previous month's attendance sheet or
- * Call: John Gretsinger 330-688-0052 the Month Prior to Your Birthday month. *No reservations accepted luncheon day.

Thank You to our Sunshiner Luncheon Birthday Gift Sponsors:

- Baumann's Florist
- · Bellacino's
- Braidy Jewelers
- Café in Stow
- Isaly's II
- McDonald's Norton Road
- · Oregon Corners Florist
- Red Lobster
- · Rockne's Stow
- Silver Lake Florist
- Stow Cone
- Stow-Glen Retirement Village
- Stow Nut Donut Diner

Sunshine Lady

The Stow SUNSHINERS want to cheer, lend comfort & support to other Sunshiner members in need.

Please contact Ellie Smith 330-688-7938 to inform her when a Stow Sunshiner member is ill or has suffered a loss.



Stow Seniors Activity Calendar

Stow Parks & Recreation Department 330-689-5100

September 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Stow's Sunset Blast @ Silver Springs Park Young Rd
3 Stow's Sunset Blast @ Silver Springs Park - Young Road	LABOR DAY	5 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Mah Jongg 6:00pm Pickleball	6 11:00am Cards	7 9:15am Yoga Stretch 9:30am Bowling@SKB 10:15am Sr Strength 1:00pm Brain Games 6:00pm Pickleball	9:00am Sunshiner Board Meeting Chair Massage Appointments	9
10	11 12pm Sunshiner Luncheon @ Stow Glen Retirement Village Foot Care Appointments	12 Bus: 8:30am Butler Art Museum 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Dominoes 3:00pm Line Dancing 6:00pm Pickleball	13 11:00am Cards 1:00pm Blanketeers	9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 12pm Health Screens 1:00pm Bingo 6:00pm Pickleball	9:00am Bfast Buddies 10:00am Digital Photo Seminar	16
17	18 10:30am Lunch Bunch	9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Mah Jongg 3:00pm Line Dancing 6:00pm Pickleball	10:30am Lunch Bunch 11:00am Cards	9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Brain Games 6:00pm Pickleball	22 12:00pm Price is Right Luncheon @ SSL	23
24	25 1:00pm Care & Share 4:30pm Popcorn Movie	Bus: 9:00am Portage Princess 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Dominoes 3:00pm Line Dancing 6:00pm Pickleball	27 11:00am Cards 1:00pm Blanketeers	9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Bingo 6:00pm Pickleball	29	30

Most Programs are held at Stow Senior Center at 3968 Darrow Road

- Program Registrations are taken at Stow City Hall - Stow Parks & Recreation Department 3760 Darrow Road

*Bus Trips & Lunch Bunch Depart: Stow City Hall 3760 Darrow Rd

*HB = Heritage Barn 5238 Young Rd

^{*}SSL = Silver Springs Lodge 5027 Stow Rd

Stow Seniors Activity Calendar

Stow Parks & Recreation Department 330-689-5100

October 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 12:00pm Sunshiner Lunch @ Stow Glen Retirement Village	3 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Mah Jongg 6:00pm Pickleball	4 Bus:10:00am Hofbrauhaus Tour 11:00am Cards	5 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Brain Games 6:00pm Pickleball	6 1:30pm Ohio & Erie Canal Story	7
8	9	9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Dominoes 3:00pmLine Dancing 6:00pm Pickleball	11:00am Cards 1:00pm Blanketeers @OT	9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 12pm Health Screens 1:00pm Bingo 6:00pm Pickleball	Chair Massage Appts 6:30pm Fall Fling Dance @ SSL	14
15	16 10:00am Pallet Painting Workshop Hearing Screens By Appointment	17 Bus: 8:30am Cooper's Mill 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Mah Jongg 3:00pmLine Dancing 6:00pm Pickleball	18 11:00am Cards	9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Brain Games 6:00pm Pickleball	9:00am Bfast Buddies	21
22	23 10:30am Lunch Bunch	9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Dominoes 3:00pmLine Dancing 6:00pm Pickleball	25 10:30am Lunch Bunch 11:00am Cards 1:00pm Blanketeers @OT	9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength Bus: 11:00am Wine & Dine -Geneva 1:00pm Bingo 6:00pm Pickleball	27	28
29	1:00pm Care & Share	9:15am Cardio Fit 10:15am Sr Yoga 3:00pmLine Dancing 6:00pm Pickleball				

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⁻ Program Registrations are taken at Stow City Hall - Stow Parks & Recreation Department 3760 Darrow Road

^{*}SSL = Silver Springs Lodge 5027 Stow Rd

^{*}Bus Trips & Lunch Bunch Depart: Stow City Hall 3760 Darrow Rd

^{*}OT = Oregon Trails 2913 Graham Rd *SGRV = Stow Glen Retirement Village 4285 Kent Rd *SKB Sto-Kent *SKB Stow Kent Entertainment Bowling Lanes Fishcreek Rd *HB = Heritage Barn 5238 Young Rd



Community Bus Trips

Open to All Ages - Late Summer - Fall 2017



Butler Art Museum of American Art

Youngstown

The Butler Institute was the first museum dedicated exclusively to American artworks. Nationally known for it's collections, you will get an up close docent led tour to see what makes this museum so special. Works by Winslow Homer, Norman Rockwell and paintings of Native Americans. Lunch at Firebirds Wood Fired Grill (additional)

Date: Tues., September 12 Fee \$23.00 Depart: 8:30am Return: 3:30pm

Cooper's Mill Apple Butter & Jelly Factory

Bucyrus / Ashland

Apple Butter slow cooked in copper kettles over a wood fire. Jams & jellies made in small batches with no artificial anything! A behind the scenes look at how it's made in this small family owned factory. Lunch at Old 30 BBQ (additional) Plus a stop for award winning ice cream at the Olivesburg General Store. Yum!

Date: Tues., October 17 Fee \$28.00 Depart: 8:30am Return: 4:30pm

Portage Princess Lake Cruise

Portage Lakes - Akron

Enjoy a day on the Lake! See the Portage Lakes the way the locals do...on a pontoon boat! The Portage Princess is a large pontoon boat that will guide us through the lakes to view the beautiful homes lining the shores. Lunch stop at the lakeside Smokin' Claw Tavern (additional)

Date: Tues. September 26 Fee \$29.00 (Rain Date Sept 28)

Depart: 9:00am Return: 3:00pm

Wine & Dine Geneva Ferrante Winery & South River Vineyard

Wine tasting and good food! Let us do the driving as we head north to Geneva visiting Ferrante Winery & Ristorante for dinner & wine (additional). A second stop at the unique small winery of South River Vineyard located in an old church for wine tastings of your choice (additional) Stairs to restrooms.

Date: Thurs., October 26 Fee \$18.00 Depart: 11:00am Return: 5:00pm

Stow Parks & Recreation

Grove City Shopping Pennsylvania

Bargain filled Grove City Outlets. Bring your gift list & shop the variety of stores at this large outlet mall. No sales tax adds to the great deals! Wander the stores + grab a bite to eat at the food court. (additional) Plus receive a coupon book for extra savings at many of the stores. (Walking) Date: Fri., November 10 Fee \$21.00 Depart: 8:30am Return: 5:00pm

Program / Refund Policy: Stow Parks & Recreation Department

Bus Trips are open to all ages.

Children under 18 must be accompanied by an adult.

Pre-registration is required & full payment is due upon registration. No Holds No credits or refunds are issued within 7 days of a program or trip due to change in personal schedule, illness or schedule conflict.

Refund requests may be granted if made in writing at least seven days prior to a trip or program only if no expenses/ticket purchases have occurred. A \$5 processing fee is applied to all refunds made seven days prior to program. Individuals may always find a replacement for their reservation if unable to attend -

Please inform the office of name change. A full refund is given if the Stow Parks & Recreation Department must cancel a trip due to low enrollment or unforeseen circumstances.

Special Assistance: Please let us know at registration if wheelchair seating is required. Bus departs - Stow City Hall 3760 Darrow Road unless otherwise noted. Return times are approximate, please allow for additional time.

Trips include transportation and admissions (meals are not included unless noted).

Hofbrauhaus & Hermit Club Tour

Cleveland

Lunch at Cleveland's Hofbrauhaus (additional) featuring traditional Bayarian dishes as well as American favorites. After lunch we will enjoy a guided historical tour of the Hermit Club. Founded in 1904, the Hermit Club is the oldest club devoted to amateur performing arts. A dessert stop will follow to the old fashioned Sweet Moses Soda Fountain & Treat Shop (additional) in Cleveland's Gordon Square.

Date: Weds., October 4 Fee \$15.00 Depart: 10:00am Return: 3:30pm

Hunchback of Notre Dame Hanna Theatre Cleveland

A soaring musical epic! As the bells of Notre Dame's cathedral sound. Quasimodo.

a deformed, bell-ringer observes Paris below. Smitten with a beautiful gypsy girl he seeks love and acceptance in this timeless heartfelt musical tale.

Date: Weds., November 1 Fee \$30.00 Depart:6:00pm Return: 10:30pm

Pine Tree Barn

Wooster / Orrville



Always a popular trip for the quaint shops & lovely lunch at the Pine Tree Barn, beautifully decorated for the holidays. Lunch additional. (Stairs at Pine Tree) Extra shop stop at J.M. Smucker's Store in Orrville

Date: Mon. November 27 Fee \$24.00 Depart: 8:30am Return: 3:30pm

Severance Hall Holiday Concert Cleveland

Celebrate the holidays with the Cleveland Orchestra in this annual offering of music for the season. The Cleveland Orchestra Chorus is world renowned for this spectacular performance amidst the yuletide beauty of Severance Hall.

Date: Sat., December 16 Fee \$84.00 Depart: 1:00pm Return: 5:30pm





Stow Senior Adult Programs
September - October 2017
Stow Parks & Recreation Department
3760 Darrow Road Stow, OH 44224
330-689-5100

Website: www.FuninStow.com

PRE-SORTED
STANDARD
U.S. POSTAGE
PAID

CUYAHOGA FALLS, OH PERMIT NO. 501

Return Service Requested

Dated Material

Stow Senior Center

3968 Darrow Road (330) 686-1325 *Facility is open only during scheduled senior programs.

*Program Registrations are taken at:



Stow Parks & Recreation
3760 Darrow Road (Stow City Hall)
Monday-Friday 8:00am - 4:00pm
Program Info: 330-689-5100







Price is Right Luncheon pg. :



Pallet Sign Painting Class pg. 3



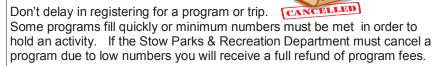
Stow Senior Programs are coordinated by the

Stow Parks & Recreation Department and are open to active Senior Adults 55+ Pick a program that interests you & jump in!

Call Stow Parks & Recreation Department at: 330-689-5100 to be added to the **Stow Senior Newsletter** mailing list.

Additional program flyers and bus trips are posted on the **Stow Parks & Recreation website at: www.FunInStow.com**Look under: Senior Adult Programs

Program Cancellations



If you must cancel your registration <u>due to any reason</u> including illness, appointments or change of personal plans...

If requested in writing at least <u>7 days prior</u> to the program you will be granted a full credit (<u>only if no tickets/supplies have yet been purchased</u>) or a refund by check less a \$5 processing fee.

Any cancellations <u>within 7 days</u> of the activity <u>Do Not</u> receive credit or refund. You may always allow someone to take your place in the program.