

# BOYS INSTRUCTIONAL VOLLEYBALL LEAGUE



In partnership with Stow Parks & Recreation

### What is the BIVL?

The BIVL, Boys Instructional Volleyball League, is an opportunity for your son to learn the game of volleyball while also having some fun! The league teaches boys how to play volleyball through group activities, short sided games, and group competitions.

### How is it organized?

The league is run by High School Varsity Head Coach Matt Snyder and his assistant coaches. High school players will be assisting with the drills and working with the players to help them learn the game and ensure they have fun.

Each session will focus on learning a different set of skills and end with game play. The last week of the league will group players into teams of 6 where they will compete against each other.

### Our goals for the league

- Teach the fundamentals of volleyball
- Create opportunities for players to compete
- Encourage positive work habits
- Allow the players to learn by doing
- Have fun!

For Boys in Grades 5 & 6.  
Tuesdays & Thursdays  
September 10th to October 15th  
6:30 pm - 8:00 pm



### League Registration

Please complete the registration form below or register online at [StowOhio.RecDesk.com](http://StowOhio.RecDesk.com)

### School Registration

Lakeview, Wednesday, Sept. 6 from 8:00 am - 8:15 pm

**Cost** \$50 per player. Make checks payable to **City of Stow**

### Facilities

All practices and games will be held at Lakeview

### Important Notes

- Water! Each player needs to bring their own water bottle
- Kneepads are optional
- Each player will receive a league shirt
- Please be prompt to pick your son up

### Your Son Will

- Receive a league t-shirt
- Participate in group instruction
- Learn the fundamentals of volleyball
- Play short sided games (1 v 1, 2 v 2)
- Learn Team play
- Compete in 6 v 6 games



### For More Information

Contact Coach Matt at [coach@bulldogsvolleyball.com](mailto:coach@bulldogsvolleyball.com)

## 5th thru 8th Grade Boys Instructional Volleyball League 2017

Participant's Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Email \_\_\_\_\_

Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

Grade: (Please Circle) 5th 6th

T-Shirt Size: (Please Circle) Youth Large Adult Small Adult Medium Adult Large Adult X-Large

We the undersigned do hereby consent to our child's participation in the Boys Instructional Volleyball League in consideration of services to be performed by the Stow Parks and Recreation Department. We do further release its agents and employees from any and all liability to us for any damages or injuries which may be sustained by said child in connection therewith. We are aware that the registration fee for this volleyball program does not include insurance.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

An EMERGENCY MEDICAL FORM must be signed and on file with the Parks and Recreation office prior to the first day of the league.  
The form can be found online at [StowOhio.RecDesk.com](http://StowOhio.RecDesk.com)